

Ticket to Victory Bahasa Inggeris 1119/1: Reading & Use of English



SEKTOR PEMBELAJARAN JABATAN PENDIDIKAN NEGERI PERAK



PRAKATA



Jabatan Pendidikan Negeri Perak dengan kerjasama panel penggubal, guru cemerlang dan jurulatih utama mata pelajaran telah menghasilkan modul Ticket to Victory yang disediakan berdasarkan Kurikulum Standard Sekolah Menengah (KSSM) Tingkatan 4 dan 5. Penghasilan modul ini adalah hasil sumbangan tenaga guru – guru berpengalaman negeri Perak. Modul ini mengandungi contoh soalan mengikut topik dan skema jawapan bagi 21 mata pelajaran teras dan elektif terpilih berdasarkan format baharu peperiksaan Sijil Pelajaran Malaysia mulai tahun 2022.

Modul Ticket to Victory disediakan dalam format "pdf" dan boleh digunakan semasa pengajaran dan pembelajaran (PdP) atau digunakan sebagai bahan latihan pengukuhan, pengayaan dan ulangkaji di rumah. Bahan ini juga boleh dijadikan panduan kepada guru-guru untuk membina soalan mengikut format SPM. Justeru itu, diharap modul Ticket to Victory dapat dimanfaatkan sebaik mungkin demi kecemerlangan SPM di negeri Perak bertepatan dengan slogan Jabatan Pendidikan Negeri Perak iaitu "We Deliver".

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Assalamualaikum warahmatullahi wabarakatuh dan salam sejahtera.

Setinggi-tinggi syukur ke hadrat Allah SWT kerana dengan izin-Nya, Modul Ticket To Victory ini berjaya dihasilkan untuk edisi kedua.

Modul ini dihasilkan oleh Sektor Pembelajaran, Jabatan Pendidikan Negeri Perak dengan kolaboratif panel penggubal, guru cemerlang dan jurulatih utama mata pelajaran yang berpengalaman. Modul ini mengandungi 21 mata pelajaran teras dan elektif terpilih merangkumi sukatan tingkatan 4 dan 5.

Pembinaan modul ini adalah seiring dengan perubahan format peperiksaan SPM bermula tahun 2021 berasaskan Kurikulum Standard Sekolah Menengah (KSSM). Modul ini juga diharapkan dapat membantu guru-guru dan caloncalon SPM menjalankan latih tubi berfokus agar mereka lebih bersedia untuk menghadapi peperiksaan SPM nanti.

Bagi pihak jabatan, saya ingin merakamkan setinggi-tinggi penghargaan kepada Sektor Pembelajaran JPN dan PPD serta guru-guru yang bergabung tenaga dan idea menghasilkan modul ini. Setinggi-tinggi penghargaan juga diucapkan kepada Yayasan Perak atas sumbangan dan sokongan yang berterusan dalam menjayakan pembinaan modul ini.

Akhir kata, semoga Allah SWT sentiasa memberkati usaha yang kita lakukan ini dan pendidikan di negeri Perak akan terus cemerlang.

Sekian. Terima kasih.

AZNAN BIN ALIAS, AMP

Pengarah Pendidikan Negeri Perak





PRAKATA TIMBALAN PENGARAH PENDIDIKAN

Assalamualaikum warahmatullahi wabarakatuh kepada semua warga pendidik dan semua calon SPM negeri Perak.

Alhamdulillah, saya memanjatkan setinggi-tinggi kesyukuran ke hadrat Allah SWT dengan berkat izin dan limpah kurnia-Nya, Modul Ticket To Victory ini dapat direalisasikan untuk edisi kedua. Modul ini melibatkan 21 mata pelajaran teras dan elektif terpilih merangkumi sukatan tingkatan 4 dan 5.

Saya ingin mengucapkan terima kasih kepada semua bidang di Sektor Pembelajaran, JPN Perak dan semua panel penggubal modul yang terdiri daripada guru cemerlang, jurulatih utama mata pelajaran dan guru berpengalaman yang telah bertungkus lumus mengorbankan masa, tenaga dan buah fikiran sehingga berjaya menghasilkan modul ini mengikut masa yang ditetapkan.

Penghasilan Modul Ticket To Victory ini adalah salah satu inisiatif Jabatan Pendidikan Perak untuk menyediakan sumber pembelajaran dan latihan kepada calon-calon SPM. Pemilihan item soalan adalah merangkumi pelbagai aras kesukaran bagi setiap mata pelajaran. Soalan - soalan telah disusun berdasarkan format terkini peperiksaan SPM seiring dengan Kurikulum Standard Sekolah Menengah.

Modul pembelajaran ini akan disebarluaskan kepada guru-guru melalui blog Anjung Ilmu Guru Perak. Saya amat yakin penggunaan modul ini dan juga komitmen semua yang terlibat akan memberikan impak yang besar kepada kecemerlangan murid di negeri Perak dalam peperiksaan Sijil Pelajaran Malaysia nanti.

Sekian. Terima kasih. PUAN HAJAH RAHIMAH BINTI MOHAMED AMP Timbalan Pengarah Pendidikan, Sektor Pembelajaran

Jabatan Pendidikan Negeri Perak



PANEL PENULIS TICKET TO VICTORY



SEKTOR PEMBELAJARAN JABATAN PENDIDIKAN PERAK

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PART 1 8 QUESTIONS 3 OPTIONS MULTIPLE CHOICE SHORT TEXTS

SEKTOR PEMBELAJARAN JABATAN PENDIDKAN NEGERI PERAK

Testing focuses

- Understand the main points in texts on a wide range of familiar topics and some unfamiliar topics.
- Understand specific details and information in texts on a wide range of familiar topics.
- Guess the meaning of unfamiliar words from clues provided by other words and by context on a wide range of familiar topics and some unfamiliar topics.

Reading and Use of English				
Part	Task Type	Number of Items	Task Format	
1	3 – option multiple	8	English short text	
	choice (shorts text)		of no more than	
			90 words per text,	
			each followed by	
			one 3-option	
			multiple-choice	
			item.	

Tips

- Read each text carefully.
- > Pay attention to the small print and footnotes.
- > Understand it well before you decide on the correct answer.
- > Analyse the options given as statements may seem very similar.
- *Eliminate the unlikely options before arriving at the best choice.*

Read the text carefully in each question. Choose the best answers **A**, **B** or **C**. For each question, mark the correct answer **A**, **B** or **C** on your answer sheet.

Spend your free time with loved ones over the age of 65 and below the age of 7.

Students are invited to listen to a talk on

Protocol and Etiquette

By Mr. Sophian Abdul Rahman

Venue: SMK Seri Kayangan, Ipoh

Time: 10.00 a.m. Date: 18 May 2021

- The talk is open to all Form 5 students
- There will be a fee of RM5
- Lunch will be served
- Participants must register 30 minutes before the talk begins

GINKGO

Controlled studies have revealed that ginkgo does improve cognitive functioning due to improved blood flow in arteries and capillaries. It is often taken by older people as a sort of energiser to enhance mood, alertness, memory, and attention span. It appears to protect veins and arteries and preserve their tone and elasticity.

Dear Editor,

For most of us, awareness of the dangers of open burning stops as soon as it gets out of sight. We do not even wonder what the effects of open burning are unless we are directly experiencing it. If we do not something soon, this act will adversely affect our environment and us too. So, what are we waiting for? Do something for the sake of our future!

Concerned Mom

- 1. The saying encourages us to be
 - A. jovial.
 - B. caring.
 - C. serious.
- 2. From the notice above, we know that
 - A. those who are interested have to register at 9.30 a.m.
 - B. RM5 will be charged for lunch.
 - C. Anyone can join the talk.
- 3. Why do older people take ginkgo?
 - A. Ginkgo is believed to improve memory.
 - B. Older people prefer to take herbal medicine.
 - C. Ginkgo is recommended by professionals in the medical field.
- 4. The writer is telling us that open burning
 - is
 - A. unhealthy.
 - B. beneficial.
 - C. recommended.

The Cry of the Sloths

Within seconds, you would have done the greatest deed in life! Donate RM20 and save wild sloths as they are *desperate* for help. They are endangered and could become extinct in a few years. Loss of habitat and human encroachment are to blame for this situation. Help them avoid this fate.

I shall pass through this life but once.

Any good therefore that I can do,

Or any kindness I can show,

Let me do it now.

Let me not defer nor neglect it,

For I shall never pass this way again.

Etienne de Grellet

THIEVES CAUGHT IN THE ACT

Sitiawan, Mon. – A serious of house break-ins and thefts came to an end when two teenagers were caught in the act last night.

Two teenagers were caught by a neighbourhood patrol group trying to climb over a fence of a house they had broken into with some stolen goods. The teenagers had two Samsung handphones and some cash with them. The lock of the house was broken and the living room ransacked.

PREVENTING BURNS IN CHILDREN

- Turn handles in on the stove
- Put hot drinks out of reach
- Keep a watchful eye
- Cover all electrical outlets
- Keep matches away from children
- Keep kitchen off limits to children

5. The word *desperate* can best be replaced

with

- A. strong desire.
- B. urgent need.
- C. lost hope.
- 6. The poet is telling us that
 - A. we should be kind and love one another when we have the chance.
 - B. we will get many opportunities to show kindness to people.
 - C. life always gives us second chances.
 - 7. The teenagers were caught in the act

while

- A. trying to run away.
- B. ransacking the living room.
- C. trying to break into the house.
- 8. This poster is about
 - A. safety measures to take when children are in the house.
 - B. precautions to take when in the kitchen.
 - C. how to deal with a minor burn on a child.

Read the text carefully in each question. Choose the best answers **A**, **B** or **C**. For each question, mark the correct answer **A**, **B** or **C** on your answer sheet.

Profile – Iman Thaqif

Apart from watching horror movies, I love listening to grunge metal songs and going to concerts. I am thinking of pursuing a career in music. Right now, I'm helping my parents at their fruit stall. I want to earn some money for drum lessons. One other thing I really enjoy doing is dancing. I'm quite adept at it and can create my own moves, unlike my friends.

To : Anna@gmail.com

Subject : Road trip

Hey, you! I'm currently writing this from the back of a van. Contrary to my initial belief, I am actually having a blast right now. I thought I would hate riding in a van for long stretches of time, but it's actually quite fun. The only tiresome thing is my annoying brothers' constant arguments over the use of the tablet they share. I wish they would just nap the entire time we are on the road. Thank goodness I don't have to share a room with them at every stop.

	Anita Online Mum, my train has been delayed.	
	Where are you now, Anita? I am at home, but I can come and pick you up.	
\checkmark	I am stuck in the train. We are in Tanjong Malim now. An announcement said that it will resume in ten minutes' time. Could you meet me at the Ipoh train station at around 1.00 p.m?	
	Sure, I'll wait for you there. I will arrive at the station a quarter to one o' clock.	

- 1. Based on the profile, you know that the writer
- A. is good at playing musical instruments.
- B. is working to pay for music lessons.
- C. wants to be a professional dancer.
- 2. Which of the following is true about the email?
 - A. The road trip is uncomfortable for the writer.
 - B. Everyone shares a room at the guesthouse.
 - C. The writers' siblings quarrel a lot

3. At what time will Jean's Mom

arrive at the train station?

- A. 12.30 p.m.
- B. 12.45 p.m.
- C. 1.15 p.m.

Elephant Rescue Centre

Safety Rules:

- Scan your temperature at the entrance
- Please wear a mask while inside the centre
- Use the hand sanitiser provided at the entry and exit points
- No groups larger than 5 people
- Physical distancing (1.5 metres) from other guests

Visitors who do not follow the guideline will be asked to leave immediately.

- 4. The notice to visitors says that
 - A. People who do not obey the rules will be removed from the centre.
 - B. Big groups of six are allowed into the centre.
 - C. A face mask is not necessary.

You are invited to join us for a surprise birthday party to celebrate

Alia's 50th Birthday

Saturday, 12 December, 3.00 p.m. - 6 p.m.

Angsana Community Hall, Ipoh, Perak.

P.S. Guest of Honour arriving at 6.30 p.m.

(Please come early and do not tell the birthday girl as it is a surprise).

Your presence is your gift.

The residents of Taman Kayangan, Kerian are not happy with the rat infestation problem in their area. They claim these rodents are a nuisance and originate from a nearby factory area. The residents are fed up after having to put up with this problem for years. They have already made a formal complaint to several government agencies and are planning a rat eradication programme. 5. The message in the birthday invitation

says that

- A. guests who attend are required to bring a birthday present for Alia.
- B. Alia will be half a century old this coming December.
- C. Alia is well aware of the party.

6. What do the residents think of the rat infestation problem?

- A. It should have been tackled sooner by the authorities.
- B. It affects the cleanliness of their town.
- C. It has gone on for too many years.

WHAT A DAY!

Sunday, 28 November 2020, 9.15 p.m.

Every morning, my pet dog, Joey would come and wake me up. Today however, she did not. When I went to give Joey her treats, she barely stirred from her sleep. Usually, she would have eaten those biscuits in seconds. When she finally woke up, she made a soft whimper and then vomited.

I began to panic. My mother and I quickly took Joey to the veterinarian. He examined Joey and said she was suffering from gastritis and that there was nothing to worry about. She gave Joey some medicine and said Joey would be fine in a day or two.

We took Joey home and I tended to her medication. Phew! She recovered after two days. What an experience!

- 7. How did the writer feel at the end?
 - A. Overwhelmed by the whole situation.
 - B. Concerned about the health of her pet.
 - C. Relieved that the problem is over.



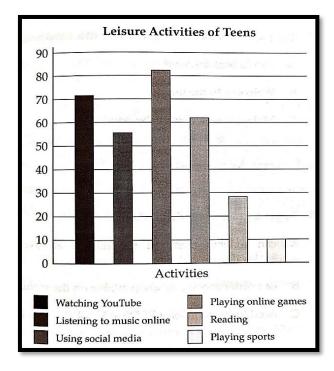
8. From the conversation, we know that the u-Phone is

- A. amazing
- B. expensive
- C. impressive

Read the text carefully in each question. Choose the best answers A, B or C. For each question, mark the correct answer A, B or C on your answer sheet.

A: You look worried, Zal. What's the matter?

- B: Hey Mizi, it's the exams.
- A: If it helps, I have some state papers I can share.
- B: Thanks, I've got a few sets too if you want to take a look.
- A: That'd be great! Why don't we each try different sets and share important points later?
- B: Sounds good. Thanks a lot, Mizi!



Volcano eruption in Iceland disrupts air travel in Europe

- 1. Which of the following statements is true?
- A. Only Zal is sitting for the upcoming exam.
- B. Zal and Mizi both have materials for revision.
- C. Zal and Mizi are going to do the state papers together.

2. From the survey, we can conclude

that

- A. entertainment is mostly available online
- B. playing online games is the most popular pastime.
- A. teenagers like to participate in outdoor activities.
- 3. From the headline, we know

that flights in Europe have been

- A. interrupted.
- B. suspended.
- C. scheduled.

To : Qistina@gmail.com From : Aqilah@hotmail.com Subject: 'BINKS' secret greet-n-meet

Hi Qistina,

I was told that all of the BLUEPINK members will go out of the airport through a backdoor to avoid the paparazzi. They will join us, 'BINKS' in a private lounge. The organiser changed the place from the foyer they booked earlier. I can wait to meet Leesa, the most talented and most beautiful singer in the group! Do come early and meet me at the entrance.

Aqilah

SHOP NOW

HARAMUS MID YEAR SALE

Get RM10 off with a minimum spending of RM10! Use code *LMFA* during checkout. This promotion is valid only for new Haramus customers. T&C applies.



- 4. From the email, we know that
 - A. the venue of the meet-n-greet session has been changed.
 - B. paparazzi will go out of the airport through a backdoor.
 - C. Aqilah will meet BLUEPINK members at the airport entrance.

- 5. This notification informs about
 - A. a promotion on Haramus Yearly Sale Campaign.
 - B. a promotion that is valid only for new Haramus customers.
 - C. a promotion that is valid to use with *LMFA* code during checkout all year round.

6. Which of the following statements is

false?

- A. Alia has a voucher to eat for two at Sukiyaki Restaurant.
- B. Alia will make a reservation for the two of them next month.
- C. Alia and Maria will order food from the menu that comes with free flow of green tea.

Aishah,

Could you please visit Aunt Nora later this evening? She just called and she needs someone's help to buy groceries. Uncle Zul is not feeling well and could not take her shopping as usual. I have an appointment with a potential client in an hour and won't be back till after dinner. You may want to have dinner with Aunt Nora and Uncle Zul if you like.

Mom

Bulimia nervosa is an eating disorder usually characterised by periods of binging or excessive overeating. People with bulimia have a fear of gaining weight; however, that does not mean all people with bulimia are underweight. Some people with bulimia overweight or obese and may attempt to use purging to manage their weight or to prevent additional weight gain. Bulimia nervosa is a serious mental illness that requires intensive treatment. Getting help for bulimia gives you the best chance in overcoming this eating disorder. 7. From the note, which of the

following statements is true about

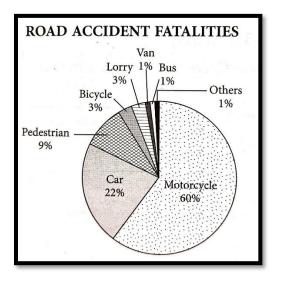
Aunt Nora?

- A. She would like to have dinner with Aishah.
- B. She is unable to take care of Uncle Zul.
- C. She called Aishah's mum for help.
- 8. We can conclude that people with

bulimia are

- A. obese due to excessive overeating.
- B. stressed about weight gain.
- C. hoping to gain weight.

Read the text carefully in each question. Choose the best answers **A**, **B** or **C**. For each question, mark the correct answer **A**, **B** or **C** on your answer sheet.



Every morning, you wake up and brush your teeth. However, while brushing your teeth, you should turn off the tap. Only turn the tap back on when it is time to rinse. You are also advised to turn off the tap while washing your hands. First, wet your hands, then turn off the tap while you scrub your hands. Then, turn it back on once you are ready to rinse. It is also imperative to fix leaky faucets. This can help to save a lot of water.

TEENS HELPING TEENS

By Emilia

Last year, I went on a strict diet. I lost seven kilogrammes in a month. My parents took me to the hospital. The doctors told me that I needed to eat a lot more as I needed to recover after losing so much weight recently.

I know what I did was unhealthy, but I still hate my body. My parents are forcing me to eat more protein and carbohydrates. Help me! I just want a slim and attractive body. 1. What can we conclude from the above

statistics on 'Road Accident Fatalities'?

- A. Motorcyclists constitute more than 50 per cent of the total number of fatalities.
- B. Car fatalities are 5 times higher than pedestrian fatalities.
- C. The least number of fatalities involved bicyclists.
- 2. What title **best** summarises the text?
 - A. How to Wash Your Hands.
 - B. Fixing Leaky Faucets.
 - C. Ways to Save Water.

- 3. The purpose of the writing is
 - A. to explain the difficulties faced after dieting.
 - B. to get advice about getting a healthy body.
 - C. to complain about annoying parents.



Tigers are considered to be highly efficient and intelligent predators of the jungle. This means that if they are *indiscriminately* killed and become extinct, the rest of the jungle ecosystem will suffer irreversible consequences. Unfortunately, it seems that they are fast on their way to experiencing the same fate that befell the dodo birds.

Caller : Hello, is this Ms. Day?

- Ms. Jay : Yes, this is Ms. Day speaking.
- Caller : Ms. Day. I am calling from Ezy & Bre'zy and we are happy to inform you that you have a prize!
- Ms. Jay : A prize? But I did not even enter in any competition. How would I have won anything?
- Caller : Oh! It's a lucky dip, Miss. Could you give me your bank details so we can bank in your prize money as soon as possible.
- Ms. Day : Definitely not! I think this the scam people have been talking about. You lure innocent people to given their bank details and then take their money. I am going to report this. Goodbye!

4. From the cartoon, we know that

Emma

- A. is going to open a pastry shop.
- B. is boasting about burning boats.
- C. has taken an action that cannot be changed.
- 5. Which of the following words are

closest in meaning to indiscriminately?

- A. With careful planning.
- B. With a lot of weapons.
- C. Without any control.

6. From the telephone conversation, we

know that

- A. Ms. Day has won a competition.
- B. Ms. Day is suspicious of the telephone call.
- C. Ms. Day is willing to give her bank details to the caller.

Hi, guys. I'm doing a survey for school on hobbies of young people. Could you tell me what you like to do in your free time and why? Noreen I like travelling because I am able to see the world and experience different cultures. Rajeev My hobby takes me up mountains and rough terrains. Sometimes I hike and camp out in the jungle. Brandon I like nature and so I try to capture it. I love to take pictures of people, animals and scenic sights.

🔏 📆 3G .nl .nl 📋 2:35 et

Sani

7

7

7

Type a message

7. All three people here have described their various hobbies.

Which of the following statements is not

true?

- A. Rajeev's hobby sometimes puts him in challenging situations.
- B. Travelling allows Noreen to take beautiful pictures.
- C. Brandon likes to capture pictures of nature at its best.

The football match yesterday at Sungai Senam was indeed intense. Both teams, the Seladang and the Bulls were working hard to get their hands on the coveted Ipoh Semi-Pro League Trophy. Players from both teams had boasted impressive displays of football skills during their matches so far this season and the match yesterday today was a testament of their prowess on the field. Nevertheless, the former won the match yesterday after beating their worthy opponent 1-0 with a last-minute header into the goal by their star player, Syazwan Roslan at the 89th minute.

- 8. Who won the match yesterday?
 - A. The Seladang.
 - B. It was a draw.
 - C. The Bulls.

Read the text carefully in each question. Choose the best answers **A**, **B** *or* **C**. *For each question, mark the correct answer* **A**, **B** *or* **C** *on your answer sheet.*

When you have a problem in life, what should you do?

- Take a deep breath and meditate
- Think positive
- talk to someone who can help



Twenty student representatives from UniKL lpoh recently walked from lpoh to Kuala Lumpur in an effort to raise RM 25,000 for charity.

The students managed to rise to the challenge of covering more than 204 kilometres. "It's truly *commendable*," said the Dean of UniKL Ipoh. "Their enthusiasm and dedication in raising the money for charity, that is." He went on to explain that the team had trained for over a month and that they were elated to have achieved their target.

Dear Editor,

It is disconcerting to know that up to 70 percent of youths nowadays prefer to work after secondary school. In my opinion, youths should strive to get the best education after secondary school. They should take up higher education or strive for vocational training to better prepare themselves for the working world.

Concerned Citizen

1. When you are down, do the following things except

SET 5

- A. avoid negative thoughts.
- B. talk to a counsellor.
- C. imbibing spirits.
- 2. The voucher
 - A. belongs to John Wayne.
 - B. can be used on 1st Dec 2022.
 - C. is given out by KFC Fried Chicken
- 3. The word *commendable* in the extract refers to
 - A. the distance covered.
 - B. the students' attitudes
 - C. the training and preparation they made.

- 4. The writer is telling us that
 - A. further education is important.
 - B. working after secondary school is recommended.
 - C. students are prepared for the working world.

JPN PERAK

The heat wave is back and a good way to bring instant relief is with a glass of creamy, frothy milkshake. Worry not as a glass pf milkshake is not necessarily a bad choice for you. According to Chef Alia, just add fresh ingredients like fruits and leafy herbs such as mint and use low-calorie milk to have an awesome time drinking it.

Mom: Alice, where have you been? I've been trying to reach you for four hours already. Alice: Oh, I'm sorry, Mom. I was in the library studying for my test tomorrow. I've lost track of the time.

Break-in Averted

Mon, KL – Two men were caught red-handed trying to break into a bank in Jalan Imbi at about 3.00 a.m. The men were spotted when an ambulance driver passed by the bank and saw the two men acting suspiciously in front of the bank. The driver immediately notified the authorities and the men were caught while trying to pry open the door of the bank. Police suspected that the thieves were responsible for two previous cases that occurred in the last two weeks.

Dear Diary,

Yesterday was a complete bust. Not only did I miss the school bus and was late to school by 30 minutes, I tripped and fell flat on my back at the canteen in front of my crush! Oh, the embarrassment!

- 5. According to Chef Alia,
 - A. the heat wave is a good thing.
 - B. A milkshake can be a healthy thing.
 - C. You can make an awesome milkshake
 - by adding ingredients like herbs and spices.
 - 6. Alice did not answer her
 - mom's call because
 - A. she was lost.
 - B. she was busy.
 - C. she did not wear a watch.
 - 7. The phrase *caught red-handed*

means that

- A. the thieves were caught in the act.
- B. the thieves were caught with red hands.
- C. the thieves were caught after they had entered the bank.
- 8. According to the girl, the worst

thing that happened to her yesterday was

- A. being late to school.
- B. missing the school bus
- C. falling in front of someone she fancies.

PART 2 10 QUESTIONS 4 OPTIONS MULTIPLE CHOICE RATIONAL CLOZE

SEKTOR PEMBELAJARAN JABATAN PENDIDKAN NEGERI PERAK

Testing Focuses

- Guess the meaning of unfamiliar words from clues provided by other words and by context on a wide range of familiar topics and some unfamiliar topics.
- Recognise with little or no support typical features at word, sentence and text levels of a wide range of genres.

Reading and Use of English				
Part	Task Type	Number of	Task Format	
		Items		
2	4 – option multiple	10	Extended text (250-300 words)	
	choice cloze		with 10 items removed, with four	
			possible options for each item.	

Tips

- This section contains a rational cloze passage that has 10 numbered blanks. Both grammar and vocabulary are tested in this part.
- > Read through the passage first to get a general idea of what it is about.
- When choosing the answer for each blank, pay attention to the words or sentences before and after the blank. They may provide relevant clues to the answer.
- > Study the options given and eliminate the unlikely ones.
- Make sure that the option you have chosen is of the same tense or fits the rest of the sentence.
- > Finally, read through the passage again to check if your answers make sense.

Read the text below and choose the **best** *word for each space. For each question, mark the correct letter* **A**, **B**, **C** *or* **D**.



If you are a teenager, chances are you cannot wait to get rid of acne. If you are an adult, you cannot (0)<u>believe</u>______it is back! Fortunately, there are better treatments now to handle this (9)_______ in an effective way.

The major determining (10)______ in who gets pimples is genes. It means you may have inherited a skin characteristic that (11)______ you more likely to develop acne. You have thousands of oil glands in the skin of your face, chest and back that lubricate the skin by producing sebum. The sebum or oil flows from the glands (12)______ tiny ducts to the skin surface. Sometimes, these oil ducts become plugged with sebum, bacteria and dead skin cells that shed from the lining of the duct. That is acne.

Adults could also possibly develop acne (13)_____ imbalance in hormones. Stress is also a factor that can affect your hormones. For ladies, the use of cosmetics, especially heavy, oily (14)_____ may clog pores and cause acne.

But, fret not! No matter what is causing your acne, there are steps you can take to (15)______ it. Firstly, do not poke, pinch or pick on your acne. You risk spreading the bacteria onto other parts of your face and causing (16)_____ acne to pop up. Instead, you may use some over-the-counter or prescribed medication to help lessen the breakout.

Meanwhile, go easy on your face. Do not use a wash cloth or try to rub your acne away. Some teens try to wash their face ten times to get rid of it but in actual fact, acne has nothing to do with (17)______. You may be over-washing your face and irritating the sensitive skin on your face. Simply use a (18)______ soap on your face with warm water and wash only twice a day.

0.	A. think	<u>B. believe</u>	C. imagine	D. understand
9.	A. mess	B. pest	C. problem	D. challenge
10.	A. fact	B. factor	C. issue	D. decision
11.	A. makes	B. causes	C. forces	D. drives
12.	A. in	B. by	C. under	D. through
13.	A. due to	B. despite of	C. as well as	D. among which
14.	A. brands	B. products	C. skincare	D. mixtures
15.	A. heal	B. treat	C. stop	D. avoid
16.	A. much	B. extra	C. more	D. added
17.	A. clean	B. cleaned	C. cleaning	D. cleanliness
18.	mild	B. soft	C. sweet	D. delicate

Read the text below and choose the **best** *word for each space. For each question, mark the correct letter* **A**, **B**, **C** *or* **D**.



It is night time and you flick on your lights, but a recent theory has been (0) <u>receiving</u> support lately that artificial light at night may contribute to cancer. This is perhaps because it slows the (9)_____ of the hormone, melatonin. There (10)_____ two studies that add weight to this idea.

One, from Israel's University of Haifa (11)______ satellite measurements of nighttime light and cancer rates in 164 countries. The most brightly lit had the (12)______ rates of prostate cancer, more than double those in the dimmest nations. Meanwhile, a group of Harvard researchers who (13)_____ more than 18,000 postmenopausal women reported that (14)_____ with the lowest night-time levels of melatonin were about 60 per cent more likely to develop breast cancer.

So, how can you minimise the possible risk posed (15)_____ modern lighting? Is it to walk and work (16)_____ the dark? Perhaps to light candles instead? Either way, research (17)_____ that the higher amount of light one is exposed to, the higher the risk of getting diagnosed with cancer. The answer (18)_____ simple. Sleep in as dark a room as possible.

0.	A. received	B. receives	<u>C. receiving</u>	D. receive
9.	A. development	B. production	C. prevention	D. gaining
10.	A. is	B. are	C. was	D. were
11.	A. analysing	B. analysed	C. analyses	D. analyse
12.	A. high	B. higher	C. highest	D. as high as
13.	A. tracking	B. tracked	C. tracks	D. track
14.	A. this	B. that	C. these	D. those
15.	A. in	B. at	C. by	D. on
16.	A. on	B. in	C. at	D. on top
17.	A. show	B. shows	C. showed	D. showing
18.	A. is	B. are	C. that	D. this

Read the text below and choose the **best** *word for each space. For each question, mark the correct letter* **A**, **B**, **C** *or* **D**.

Mini Market Robbers Still at Large

SLIM RIVER, 23 NOV – Four armed robbers escaped with more than five thousand ringgit (0) in _____ cash from the 24-hour mini market, AB Mart, in the city centre of Slim River yesterday afternoon.

According to one of the staff of AB Mart (9)______ happened to be arranging goods near the shop entrance at that time, the four men arrived on two motorbikes. Two (10)______ of the robbers remained on the bikes with the engines running in front of the shop, (11)______ the other two with their visors helmets on entered the mini market.

The mini market was packed with shoppers at that time as it was having a big year-end sale. Everybody was stunned when they suddenly heard a gunshot. One of the two robbers had shot randomly into the air to (12)______ the people. Many people screamed in shock when they saw the men with (13)______ weapons. The robbers who did the shooting (14)______ ordered everyone to lie flat with their face down on the floor. He threatened to shoot anyone who tried to (15)______, and he looked as if he meant every word he said. Meanwhile, another robber demanded the store manager to give him all the money in the cash register and safe. The manager had no choice but to obey, because they threatened to kill him if he (16)______ to do so.

As soon as the robbers had grabbed all the money, they took (17)______. They hopped on the waiting motorbikes and fled from the scene of the crime. When the police arrived fifteen minutes later, they saw a (18)______ of frightened faces and an empty safe. The robbers had made a clean getaway and have not been arrested at the time of this report.

0.	<u>A. in</u>	B. of	C. at	D. by
9.	A. who	B. whom	C. which	D. where
10.	A. friends	B. buddies	C. partners	D. accomplices
11.	A. despite	B. while	C. but	D. and
12.	A. fear	B. frighten	C. shock	D. dare
13.	A. his	B. the	C. their	D. theirs
14.	A. then	B. lastly	C. secondly	D. consequently
15.	A. go	B. wander	C. walk	D. flee
16.	A. rejected	B. against	C. refused	D. resisted
17.	A. out	B. away	C. off	D. up
18.	A. few	B. sum	C. number	d. plenty

Read the text below and choose the **best** *word for each space. For each question, mark the correct letter* **A**, **B**, **C** *or* **D**.

Absence Makes The Heart Grow Fonder

Absence makes the heart grow fonder. How true it (0) ______ for Khaldun Amir. It had never (9) ______ his mind that his visit to his hometown in Perlis last year would be the last time he would see his family in more than a vear.

Khaldun started working in Singapore three years ago as a project manager. He said he last saw his family (10) ______ June last year. He was able to return home for a six-day visit during the Hari Raya holidays. Khaldun had made plans to go back for a longer (11) ______ this year and was looking forward to it. However, his plans had to be (12) ______ because the border was closed due to the Covid-19 pandemic. Apart from missing the Hari Raya celebration with his family, he was also unable to return home (13) ______ his wife called to inform him that their youngest son had appendicitis.

He was worried sick about his son's (14) ______ and he had sleepless nights. Although his company allowed him to take (15) ______ to visit his son, he did not want to take the (16) ______ as the pandemic was at its height at that time. It was a relief for him when his wife told him that their son's surgery was (17) _____ and he was in stable condition.

For Khaldun, this was the longest time he could not see his family. The longest he (18) ______ been away was about four months when he had to do his internship in Japan. He hopes to be with his family next year but for now, it is just making video calls to his family every night.

0.	A. is	B. are	<u>C. was</u>	D. were
9.	A. cross	B. crosses	C. crossed	D. crossing
10.	A. with	B. for	C. on	D. in
11.	A. stage	B. phase	C. period	D. episode
12.	A. kept	B. rearranged	C. suspended	D. postponed
13.	A. when	B. while	C. since	D. because
14.	A. location	B. situation	C. position	D. condition
15.	A. leave	B. break	C. holiday	D. vacation
16.	A. risk	B. peril	C. danger	D. safety
17.	A. booming	B. thriving	C. successful	D. prosperous
18.	A. has	B. had	C. have	d. having

Read the text below and choose the **best** *word for each space. For each question, mark the correct letter* **A**, **B**, **C** *or* **D**.

Book Review - "The Story of My Life"

"The Story of My Life" is an autobiography written by Helen Keller. It tells us how Helen Keller, who was deaf, blind and mute, (0) _____ the odds to become one of the most celebrated personalities in the world. The story was set (9) _____ Alabama in 1997.

In the first half of the book, Helen Keller writes about how she was (10) ______ with scarlet fever while she was still a baby and how the illness left her deaf, blind and mute. The story outlines the frustration Helen Keller experienced as a child – alone in a dark and silent world – unable to communicate with anybody. The author then goes on to say how her life changed with the arrival of her newly employed teacher and (11) _____, Anne Mansfield Sullivan.

The second part of the book relates how Helen Keller studied the deaf and dumb language and learnt how to (12) ______ using Braille and then went to college and graduated. The story goes on to say how she (13) _____ the rest of her life helping the deaf and dumb all over the world.

I enjoyed reading every page of the book. I found some sections of the book, especially those that deal with the early part of her life, poignant and (14) ______. It made me realize how difficult life must be for the (15) ______. It also made me realize how fortunate I was. It has made me more sympathetic towards the plight of those who are less fortunate than I am, especially the handicapped who has given up hope in the face of misfortune, and the severely handicapped who have lost the (16) ______ to live.

The story is very touching and informative. It arouses the feelings of the readers. I (17) ______ Helen Keller for her determination and diligence. I appreciate the painstaking efforts taken by the teacher. The book has a good moral lesson for all. It shows the (18) ______ of the human spirit in the face of indomitable obstacles. It makes us wonder whether Helen Keller was just another victim of fate or whether her birth has a special significance. Was Helen Keller fortunate or unfortunate? Helen Keller was unfortunate to have suffered a cruel twist of fate, but the world is fortunate to have had a person like her. Her life is a shining example to prove the adage, "where there is a will, there is a way".

Taken from http://englishforallsmkbenut.blogspot.com/p/spm-sample-of-essays-directed-writing.html

0.	A. denied	B. braved	<u>C. defied</u>	D. overcome
9.	A. on	B. in	C. over	D. at
10.	A. inflicted	B. afflicted	C. addicted	D. born
11.	A. governess	B. guardian	C. nanny	D. babysitter
12.	A. write	B. talk	C. speak	D. sign
13.	A. spending	B. spends	C. spends	D. spent
14.	A. touching	B. frustrating	C. sensitive	D. meaningful
15.	A. handicapping	B. handicapped	C. handicaps	D. handicap
16.	A. will	B. energy	C. eagerness	D. desire
17.	A. like	B. admire	C. respect	D. salute
18.	A. strength	B. vitality	C. effort	d. triumph

PART 3 8 QUESTIONS 4 OPTIONS MULTIPLE CHOICE READING COMPREHENSION

SEKTOR PEMBELAJARAN JABATAN PENDIDKAN NEGERI PERAK

Testing focuses

- Guess the meaning of unfamiliar words from clues provided by other words and by context on a wide range of familiar topics and some unfamiliar topics.
- Recognise with little or no support typical features at word, sentence and text levels of a wide range of genres.
- > This part tests lexico-grammatical knowledge.

Reading	Reading and Use of English				
Part	Task Type	Number of Items	Task Format		
3	4 – option multiple choice	10	One extended text (650-700 words) (e.g extract from a novel or magazine) with 8 4-option multiple -choice items.	JPN PERAK	

PART 3

You are going to read an extract from an article. For **questions 19 - 26**, choose the correct answer (A, B, C or D) and mark the correct letter A, B, C or D on your answer sheet.

Eryna is an established baker today. However, her life was never a bed of roses. Her story is a true rags-to-riches story.

She was diagnosed with an autoimmune condition that landed her in the hospital at the tender age of 26. She was in the hospital for three months being a medical guinea pig. The doctors were baffled by her physical condition.

She was very upset because she had just obtained her Business Management degree and now, she was fighting for her life. She had also enrolled in a pastry chef course before getting sick with the hope of starting her career as a pastry chef. She had mapped out her future but the odds were against her. She was then caught in a whirlwind of medical complications, infections, MRIs, tests, seizures, memory loss, stroke, ICU and operations. Her life was fragile and she was unsure if she would come out of the hospital alive.

Doctors had given up hope on her and she felt so hopeless. However, she and her family members as well as friends prayed fervently, hoping for a miracle. Suddenly, with God's grace, her health condition took a turn for the better. She was then in the ICU when the miracle happened. She was feeling hopeless and depressed and cried out to God to save her. She could feel His presence as she walked with Him through a very long and dark tunnel. After that turning point, it was a smooth journey to complete recovery. There were no lingering impairments or the need for ongoing medication. It was indeed a total recovery! Her recovery gave her hope to continue living. Her top priority was to complete her pastry course. She was an excellent pastry chef and was offered to design new desserts for the large hospitality franchise that she worked for. This was prior to her hospital fiasco. However, she was left in a lurch as her employer was not keen on having an employee who was sickly, and had a stroke and seizures. To make matters worse, her fiancé, now husband, had lost his job.

They were planning to start life afresh but now everything was bleak as they had no money. Life was miserable as she was skinny, semi-bald, broke, jobless and living in a moth-infested apartment She began working at random jobs trying to make ends meet. It was very challenging for her especially as she was still at the recovery stage. However, she was determined to set her life right. She wanted a safe and secure job which paid her bill and gave her the sense of stability that she needed. However, the odds did not deter her as she had faith in God and strongly believed that He would help her.

Soon enough, things began to look better for her when she received a call from her friend who wanted her to bake a cake with sugar figurines for their wedding anniversary. The sugar figurines her friend was referring to was none other than fondant icing, she had no experience at all in making fondant icing and decorating cakes using this type of icing. However, that night, she taught herself how to make steam fondant and decorated the cake. It was her first attempt and it was brilliant! Her friend was so impressed and paid her handsomely for the cake. This was the turning point in her career. She thoroughly enjoyed baking the cake and handcrafting it into a beautiful piece of art. She was also swept off by the encouraging feedback from friends and acquaintances on the beautiful cake. It tasted as pretty as it looked.

It was then that she realised that she didn't want just any job. She didn't want to work for people who underappreciated her work. She wanted to spend her time doing what she likes best - to create and bake impressive cakes. She was comfortable working from home at her own pace rather than being dictated by others.

Today, she's the proud owner of Crazepop Cake School. She is living her dream with that first sugar figurine cake. She works every day as a creative entrepreneur and teaches passionate like-minded bakers. A stroke.

- B memory loss.
- C seizures and infections.
- D an autoimmune condition.
- 20 In paragraph 3, Eryna had mapped out her future but the odds were against her. The best proverb to describe this is
 - A man proposes, God disposes.
 - B keep the nose to the grindstone.
 - C out of the frying pan into the fire.
 - D when the going gets tough, the tough gets going.
- 21 Prior to her hospitalisation, Eryna had
 - A lost her job.
 - B designed new desserts.
 - C worked at random jobs.
 - D signed up for a pastry chef course.
- 22 Which of the following phrases tells us that the doctors were not able to diagnose her medical condition?
 - A Her life was fragile
 - B Being a medical guinea pig
 - C Baffled by her physical condition
 - D Whirlwind of medical complications
- 23 Her big break into the creative cake designing industry came along when
 - A she embarked on fondant icing.
 - B she and her fiancé were jobless.
 - C she was given a tinkle by an acquaintance.
 - D she had to live in a moth-infested apartment.

- 24 Eryna did not want to be employed because she
 - A wanted to build her own clientele.
 - B enjoyed being dictated by employers.
 - C did not want her work of art be made trivial.
 - D disliked working with demanding employers.
- 25 Which of the following is true of paragraph 9?
 - A She is employed by Crazepop Cake School.
 - B She is the proud shareholder of Crazepop Cake School.
 - C She teaches passionate bakers the fundamentals of baking.
 - D She conducts courses on handcrafting cakes for skilled bakers.
- 26 The aim of the writer writing this article is to
 - A dampen bakers' enthusiasm.
 - B inspire the man on the street.
 - C plummet the public's creativity.
 - D depreciate the community's passion.

PART 3

You are going to read an extract from an article. For **questions 19 - 26**, choose the correct answer (A, B, C or D) and mark the correct letter A, B, C or D on your answer sheet.

Nothing stays the same for long. Things and people change, often for the worse, it seems, but once in a while, very much for the better. I grew up on a small farm, **living a life that I took for granted**. I had a dog without a leash and mountains in whichever direction I looked, and I awoke to the call of pheasants in the alfalfa fields.

My father worked in the city as a welder. He was quiet; distant, you might say. He was not highly educated, but he was smart, with an engineer's way of looking at problems. He was a man made of leather, brass, and chewing tobacco who tried to teach my brother and me useful things, including respect. He also had a temper. I did not like him very much.

One day I came home from school and his car was already there. Once inside, I was told by my mother that he didn't feel well. His back hurt. My father never missed work; in fact, when he came home, he went to the barn to work even more. I remember peeking around the corner at him as he lay on his bed in the middle of the day. I was in elementary school. Multiple myeloma, I learned, is a type of blood cancer. It starts in the cells that normally make antibodies for the body to use in its immune response against infections. When those cells become malignant, they make abnormal antibodies like crazy, crowding out the useful ones.

As the cancer grows, the person who has it shrinks. The disease **saps** the body's energy, and the abnormal antibodies cause problems for other cells and tissues. Bones eventually look like Swiss cheese, and when they break, they may never heal. For the last year of my father's life, his entire day consisted of rising from his hospital bed in the living room and walking to his chair to sit and think. He was predictably in that chair when I came home one day during the ninth grade. I do not remember where my mother and brother were, but the two of us were alone. He asked me to sit down. What followed still moves me these decades later. He told me about his life, his family growing up, what it was like in the Pacific during World War II, his loves, his heartbreaks. It was as if **a pipe had burst**, his inner self rushing out to me in a great flood.

He had been speaking for maybe an hour or more when I realized that he was doing more than telling. He was asking to be forgiven. All it took was understanding that that was what he needed, and I forgave everything, immediately.

When he died, I didn't return to school for a few days. My biggest dread going back was gym class. It was poorly supervised, and bullies ran the show. True to form, on my first day, I was standing there in my shorts when an all-too-familiar voice bellowed, "Lensch!" It was a guy who had given many of us a few lumps over the years. I turned to face him and said, "What do you want?" The other boys didn't say a word as they waited for the beatdown. "I heard your dad died," he said. "Is that true?"

I quietly replied, "Yes."

He didn't punch me. He didn't even move. Instead, he said, "I'm sorry." I was shocked. I'm sure I cried. Those two words are how I have remembered that kid ever since.

What do you do when your "enemies" reveal that they are also human? I think you either forgive and move forward or hold on to resentment and live in the past. I'm certainly not glad that my father got sick, but at the same time, I realize that if he hadn't, I might never have come to love him. He told me about his family, World War II, his loves, his heartbreaks. It was as if a pipe had burst.

(Adapted from "Forgiving My Father, Feb 2018, Readers' Digest)

19. In paragraph 1, why does the writer use the phrase "living a life that I took for granted"?

A He enjoys living is a small farm.

B He lives in a place with beautiful scenery, overseeing mountains.

C He treasures every moment of the sounds of pheasants in his alfalfa fields.

D He lives in a way with lack of appreciation or gratitude.

20. In paragraph 2, which statement is true about his father?

A His father works in the city as an engineer.

B His father is clever and has farming temperament.

C He is a person who gets angry easily.

D His father is a person who is well-respected.

21. In paragraph 3, what discovery did the writer find when he came home?

A His father's car was in the workshop.

B His father had unfinished work in the barn.

C His father took his usual nap in the house.

D He was under the weather.

22. In paragraph 4, which is the best phrase to replace "saps"?

A Gradually weaken and destroy

B Invades violently

C Drains and flushes out

D Soar and escalate

23. Why do you think the writer's father let his life stories out like "a pipe had burst"?

A He had never had a private conversation with the writer before.

B He wanted to be forgiven for what he had done wrong.

C He had an hour or more to tell his life stories only, so he had to let it out fast.

D It was a story about a pipe had burst during World War II.

24. What effect of his father's death had on the writer when he was on his first day in school?

A The bully came to him and apologised for what had happened.

B The bully wanted Lensch to have a beatdown.

C The bully was shocked and cried over the incident.

D The bully was standing in the gym room to seek for apology.

25. How should you react to bullies when they are forgiving?

A You should not pardon the bullies.

B You should proceed with your life and never look back.

C You should keep the grudge.

D You should revenge and live in the past.

26. What is the implied meaning of the article?

A He still abhors his father after his father's death.

B He loves his father more after his father got sick.

C He grudges his whole family, father, mother and brother.

D He wants to befriend with the bullies.

PART 3

You are going to read an extract from an article. For questions 19 - 26, choose the correct answer (A, B, C or D) and mark the correct letter A, B, C or D on your answer sheet.

As an Asian working abroad as a lecturer, I often discuss with my students whether teenagers should be allowed to make decisions regarding their future. Most of my Asian students disagree, as they do not get the chance to decide what to do with their lives. However, my Caucasian students feel that there shouldn't be any debates about it. To them, this is the most natural thing. Most of them are even expected to find their own path in life by the age of 19.

Teenagers, in my opinion, are capable of making sound decisions for their future if they were given the opportunity to 'start small' since young. Most of my friends who are in boarding schools in Johor were trained to make decisions by their parents. They were gradually given more control of their lives as they grew older. From choosing their own bikes at five to deciding which school they want to go to at twelve; they had to weigh the pros and cons, with sound advice from their families. At the end of the day, they made their own decisions. If the bicycle broke down before time, they would be reminded to consider all factors when deciding on a purchase in the future. Most importantly, they recalled fondly how the adults dealt with their regrets and disappointments. This helped them build their self-confidence.

As they grew up, more decisions were entrusted upon them and more opportunities given to learn from mistakes. This gradual shift in power (from parent to child] provided them with the time and space to accept the consequences of making wrong choices. I have also witnessed some of them learning the hard way from their mistakes and becoming more cautious in making the next decision. Adopting this decision-making process from a young age, I believe, is the way to go! It will help them as they step into adulthood later on in life.

Nevertheless, it is important for parents and family members to keep teenagers wellinformed. This can be done by giving them as much information as possible and presenting them with possible consequences if they make the wrong ones. Face-to-face discussions on the details, benefits, risks and expected outcomes of each choice is a great method to help them make better decisions. Everyone loves listening to the experience of others; so, parents can also share their personal experience with their teenaged children to help them learn from the past and avoid making the same mistakes. It is also important to make teenagers realise that there is no perfect decision, as every decision usually involves trade-offs - all they need to do is choose the better one of two options. Having unrealistic expectations may affect their self-confidence in the future.

I also have friends who grew up with uninvolved and absent parents. In both situations, my friends grew up without much emotional, physical and mental support from their family members. However, most of them turned out to be independent and successful in life. Knowing that they had no one else to blame but themselves made them wiser and more careful.

Furthermore, many teenagers today already have good exposure from young - travels abroad, charities and even making friends from all over the world. Exchanging opinions with people from all walks of life help teenagers develop their personalities and discover themselves from an early age. This allows them to understand themselves better. The Internet and social media platforms may broaden the perspective of young, eager minds and prepare them for the future. Many Asian parents with traditional parenting styles prefer their children to pursue courses that could secure high paying jobs such as law and accountancy. However, many teenagers know that soft skills are more useful in the future. They may have better prospects pursuing their own interests, making full use of their talent and personal strengths. In this case, determined and street-smart teenagers may have the advantage and may be able to make better decisions. Nevertheless, this does not mean that parental involvement is no longer needed. It may provide teenagers emotional and even financial support to give them a headstart in life.

JPN PERAK

19. In paragraph 1, why does the writer use the phrase this is the most natural thing?

A His Caucasian students do not like having debates.

B His Caucasian students have to make their own decisions.

C His Caucasian students have to leave home at the age of nineteen.

D His Caucasian students are so used to making decisions on their own.

20. In paragraph 2, what did the writer's friends remember the most?

A The fact that they got to choose their own bicycle

B The fact that they were given options to choose from

C The way they were allowed to make small decisions at a young age

D The way their family helped them cope with regrets and disappointments

21. In paragraph 3, how did the writer describe his friends who made the wrong decisions?

- A They became discouraged.
- **B** They became more careful.
- **C** They accepted the outcome.
- **D** They felt very disappointed.

22. In paragraph 4, what is the best way to help teenagers make informed choices?

A By discussing all the benefits, risks and possible outcomes.

B By making them realise that not all decisions are perfect.

C By providing them as much information as possible.

D By sharing famous people's personal experiences.

23. What is the effect of having unrealistic expectations when making decisions?

- A Ruin teenagers' ideal world.
- **B** Damage teenagers' self-confidence.
- C Teenagers may not be able to forgive themselves.
- **D** Teenagers may blame themselves if things go wrong.

24. In paragraph 5, what is the secret of the writer's friends' success?

- A They realise no one will love them.
- **B** They realise no one will blame them.
- C They realise no one will back them up.
- **D** They realise no one will protect them.

25. How does the writer feel about Asian parents' expectations?

A grateful that they do not let their children ruin their own lives

B cautious as their traditional view may clash with their children's

C sceptical as they may influence their children's view of the world

D relieved as they do not trust their children blindly

26. What is the purpose of the writer writing this article?

A To coax teenagers to be more independent.

B To persuade parents to trust their children more.

- C To guide parents on how to train their children to make decisions.
- **D** To discourage parents from letting their children decide their own future.

PART 3

You are going to read a short story about "Poison". For **questions 19 to 26**, choose the correct answer (**A**, **B**, **C** or **D**) and mark the correct letter **A**, **B**, **C** or **D** on your answer sheet.

The word poison, inflicts negative energy, not only from within us, but the negative connotations it has surrounding the word itself - poison – something venomous, something that kills, something that is used to cause harm. When it comes to poison, we usually believe it is just the physical potion, a form of substance that when consumed by either swallowing, or entering our bloodstream by accident, may cause death. However, the question here remains, is poison just a physical substance, or is it something more than meets the eye? Can poison kill us even if it isn't the physical substance? To elaborate further, let us take the case of Farmer Benjamin.

Farmer Benjamin, was a very successful and entrepreneurial farmer. He started his business at a young age, and before he knew it, his business bloomed to be a success. He had three farms, which catered for at least 20% of the milk production in his small town. His business began to grow as he soon started selling his milk products out of town. Soon, Farmer Benjamin got married to a young and pretty lady from out of town.

The lady, Mary Jane, was rather eloquent and elegant. She carried herself well, and people admired her as Mrs Benjamin. She helped him in the farm, and managed his business well. Farmer Benjamin was proud of her, and felt honoured that his wife was the talk of the town.

As things went on well, Farmer Benjamin's mother decided to come live with them. She was a rather grumpy old lady, and was infamous to be a snobbish and proud lady. She came to live with Farmer Benjamin and his wife, and they accepted her into their home. Problems started brewing in the horizon, as soon as this happened, for Mary Jane and Farmer Benjamin's mother could not see eye to eye. His mother would call her names, and insist things to be done for her. Regardless of how many maids were in the house, Farmer Benjamin's mother would force Mary Jane to do chores which were beyond her ability. Coming from a rather well-to-do family herself, Mary Jane was not used to the emotional and verbal abuse, and finally decided that enough is enough. She couldn't handle it any longer, and thus one day, decided to take things into her own hands. Just at the outskirts of town, lived an old witch doctor, somebody who was feared by many for causing ill effects on those he cast spells onto. Mary Jane visited the witch doctor and mentioned her situation. The witch doctor gave her a poison, and mentioned that a little amount should be poured into the drinks and food of her mother-in-law, and eventually the mother would get sick and die. However, before she left, he warned her, that the full effect of this poison would only take place after a course of six months. Within the next six months, to avoid being a suspect, she should be extra loving and caring to the mother-in-law, regardless of how she reacts so that nobody would be suspicious of her upon the demise of the lady. She accepted and walked away. The next few weeks, following the instructions of the witch doctor, Mary Jane would pour a small dosage into drinks and food before serving it to her mother-in-law. The mocks and hurtful words from the mother-in-law continued, and never stopped, and still Mary Jane would be leaving her room with a smile and always treated her with extra love and comfort so as to not be a suspect. Time went by. Eventually, there was a change. Mary Jane realised that the hurtful words had stopped. The mockery and verbal abuse had completely stopped. Instead, she saw a different person in her mother-in-law, a lady whom she had never met before, a comforting and humble lady, who was affectionate and loving. Whenever Mary Jane served her food, she would thank her and stroke her hair gently. Their relationship grew well, and she became very fond of her. Finally, one day, her mother-in-law spoke.

"I am sorry to have mistreated you all this while, I was only trying to see if you could also care for my son when there are days, he has a bad fall in his business. He may one day lose all of this, and I am happy to know that he has such a loving wife to care for him. I love you as my daughter my dear ..." Those words struck Mary Jane badly. She immediately rushed to the witch doctor. She explained that she did not want her mother-in-law to die and that if there was an antidote to the poison she had been pouring into her drinks and food. The witch doctor smiled and told her to go home to continue on her new relationship with her mother-in-law. She assured her, that there was no poison. It was only salt water. The actual poison was in her mind. Alike Mary Jane, many of us have poisons in our mind. This poison can slowly cause harm to our own selves if we do not get rid of it.

19. From paragraph 1, what is poison?

A A type of curse

- **B** A type of venom
- C A type of ointment
- **D** A physical substance

20. In paragraph 3, the word eloquent describes her as

- A A person who is beautiful.
- **B** A person who talks too much.
- C A person who speaks passionately.
- **D** A person who speaks many languages well and fluently.

21. From paragraph 4, which sentence best describes Farmer Benjamin's mother?

- A She is rich and proud.
- **B** She is a lady in power.
- C She is boastful and arrogant.
- **D** She is a humble and down to earth person.

22. In paragraph 4, what does the phrase brewing in the horizon mean?

- A The horizon has problems.
- **B** People are calling them from far.
- C There were issues since before they met.
- **D** Problems are going to happen very soon.

23. From the passage, why did the mother-in-law hate Mary Jane?

- A The mother-in-law was testing her.
- **B** Mary Jane did not treat her with respect.
- C She was not fond of her from the beginning.
- **D** She hated Mary Jane for not having children.

24. The witch doctor gave her what type of poison?

- A Pesticide
- **B** Insect poison
- C Embalming fluid
- **D** It was not poison

25. What is the writer's advice to the readers?

- A The poison is actually in our minds.
- **B** We should keep a bottle of poison with us always.
- C Giving others poison is the best way to solve problems.
- **B** Poison is something we should take first before giving others.
- 26. Why did the witch doctor give her salt water instead of poison?
- A She was selling salt
- **B** To teach her a lesson
- C Tier food always had little salt
- **D** So she can add the poison slowly

PART 3

You are going to read an extract from a story. For **questions 19 to 26**, choose the correct answer (A, B, C or D) and mark the correct letter A, B, C or D on your answer sheet.

Malaysia is a food haven. Look around you and you'll see Malaysians enjoying their food whether it is *nasi lemak, roti canai* or *capati*. However, we also have a bad habit throwing food away. A study conducted by the Waste Management Services revealed that as much as 4,000 tons of edible food are discarded daily.

Concerned, two women, Azreen and Camelia, have stepped forward and tried reduce such waste as much as they can in their own way. They realised that a lot of the food that goes into the landfill is not just edible but still has health benefits. They wanted this healthy and nutritious food to be put to good use. As a result, they founded a company called the Service Stop Café. They conduct what they describe as "food rescue" operations.

They do this by collecting everything possible from various sources. This includes unsold vegetables from the market that are still in good condition and packaged food from manufacturers and retailers that are near expiry but still unspoilt. The "rescued" food is then cooked to serve around 150 to 200 homeless and urban poor. These people get a hot meal six days a week at the café's premises in the heart of Kuala Lumpur. Food that is not used up at the café given to Service Stop's partners for distribution to orphanages, refugee homes and soup kitchens.

The two women have established an operating procedure to ensure that food keeps coming to help the intended people. They have formed partnerships with various food producers, soup kitchens and non-governmental organisations (NGOs) in the Klang Valley. For example, they work with one organic milk producer who gives them excess milk that is near expiry but still good condition. Then they put a call to their partners like soup kitchens, orphanages and refugee homes to find out who wants chilled milk. If there are positive responses, they arrange to send the milk to them.

Through this kind of partnerships, the food also goes to the B40 or the low-income group. Trucks would go to these flats and directly distribute the food. This is the result of the strategy that has been set up which delivers double the benefits. When there are retailers and manufacturers who are willing to give up any remaining stock they have, this not only reduces waste but also makes available nutritious raw food and vitamins to those who need it the most. These people have very little access to doctors and health services.

The two ladies keep an account of what they get and where all the food goes to. Nothing is left to chance or done at random. They keep to strict procedures and account for everything. This is to enable donors to know where their food goes and to whom. The social enterprise has also attracted a lot of interest, and more people are coming forward to help out. There is no end of volunteers.

"When we started in 2016, we took in about eight tonnes of food a year. Then shot up to some 11 tonnes in 2017 and 28 tonnes in 2018. Currently, we handle 12 to 13 tonnes per month," said Azreen.

But like any social enterprise effort, support from the government is essential. Azreen and Camelia are very concerned about what the proposed Food Waste Bill would involve. "Will there be incentives for food producers to donate excess food? Will social enterprises get tax discounts for doing something good?" Azreen wondered. "These things matter because we need to look at how we can encourage corporations to reduce food waste.

- 19 In paragraph 2, according to the writer, Azreen and Camelia
 - A wanted healthy food to be put in use.
 - B have a bad habit of throwing food away.
 - C established a company called the "Service Stop Café".
 - D stepped forward to cook healthy and nutritious food for others.
- 20 In paragraph 3, what does the writer say about Azreen and Camelia's effort?
 - A They take leftover food from the premises.
 - B They use processed food to create " rescue food" for the homeless.
 - C They sell the food to the homeless, orphanages and refugees' homes.
 - D They look for fresh and packaged food and turn it into "rescued" food.
- 21 In paragraph 4, the following statements is true about Azreen and Camelia's tasks except
 - A looking for those who need chilled milk.
 - B asking the needy to search for their own food.
 - C establishing an operating procedure to ensure the food keeps coming.
 - D forming partnerships with various food producers, soup kitchens and NGOs.
- 22 In paragraph 5, what was the outcome of having partnerships?
 - A Little access to doctors and health services.
 - B Trucks are used to distribute the food to the flats.
 - C Food is processed by the manufacturer and retailers.
 - D Reduction of waste in a good way and benefitting those in need of nutritious raw food and vitamins
- 23 How do Azreen and Camelia take care of their accounts?
 - A By sharing the accounts in their website.
 - B By letting donors manage their accounts.
 - C By following a strict procedure and recording everything.
 - D By highlighting to the donor through emails and messages.

24 Why has the "Service Stop Cafe" received a lot of support from the various partners

- A There are many manufacturers and retailers wanting to do a good deed.
- B There are a few NGOs who have agreed to join this programme.
- C There are a lot of people who are willing to help out the needy.
- D People cannot find other places to dump their food waste.

25 How do Azreen and Camelia feel about the proposed Food Waste Bill?

- A Happy
- B Excited
- C Anxious
- D Determined
- 26 What is the main idea of this article?
 - A Ways to help the B40 and the low-income group.
 - B The partnerships with NGOs in solving food issues.
 - C The collaboration of two women in helping the needy.
 - D The setting up of a company to perform " food rescue operations".

PART 4 6 QUESTIONS GAPPED TEXT

SEKTOR PEMBELAJARAN JABATAN PENDIDKAN NEGERI PERAK

Testing focuses

- > Understand the main points in extended texts on a wide range of familiar topics.
- Understand specific details and information in extended texts on a wide range of familiar topics.
- Guess the meaning of unfamiliar words from the clues provided by other words and by context on a wide range of familiar topics and some unfamiliar topics.
- Recognise with little or no support typical features at word, sentence and text levels of a wide range of genres.
- > This part tests candidates understanding of the structure and coherence of a text.

Readi	ng and Use of E	nglish: Part 4	
Part	Task Type	Number of Items	Task Format
4	Gapped text	6	A text (350-450 words) from which 6 sentences have been removed and placed in jumbled order after the text. Candidates decide from where in the text the sentences have been removed.

TIPS FOR GAPPED TEXT

- 4 Look at the text to see what it is about. Try to understand the general meaning.
- **4** Skim the paragraphs and look for topic sentences in each paragraph.
- Read the text before and after each gap. Try your best to guess the missing information.
- Go through the gapped text given. Try to find a link between the text and the gapped sentences.
- **4** The text and gapped sentence will be on the same topic.
- **4** Re-read the whole text to make sure it makes sense before going to the next part.

PART 4

Questions 27-32

You are going to read a story. Six sentences have been removed from the passage. Choose from the sentences (A-H) to fit each gap (27-32). There are two extra sentences which you do not need to use. For each question, mark the correct answer (A-H) on your answer sheet.

The Dog Boy

Are you afraid of dogs? Dogs can be scary. Large dogs can jump up on you and knock you down and a harmless-looking small dog can bite. But a dog expert from the USA, Cesar Millan has been able to handle even the most difficult and dangerous dogs since he was a child.

If you've ever seen Millan on his daily four-hour walk with around 40 dogs, you might almost believe that Millan speaks their language. The dogs obey his every command. Perhaps that is why people call him a "dog whisperer". **27.** In fact, Millan claims he understands the way a dog's mind works.

His philosophy is simple. He says that dogs are descended from wolves and they think in the same way. Wolves are social creatures that live in groups. In every pack of wolves there is one special wolf that all the others obey. **28.**

Unfortunately, few people understand this basic fact about dog psychology, so Millan has to train the owners to communicate properly with their pets. What does this mean? For a start, it means letting the dog know you're their boss - not their best friend or their parent. **29.** Instead, the dog really needs lots of exercise and clear rules in order to behave well and you can give it love and affection only after the dog obeys you.

It was as a child in Mexico that Millan first became interested in dogs. While growing up, he used to spend time on a farm where he watched dogs working with cows. Milan was fascinated by how intelligent the dogs were and later, when he was 15, he got a job helping in a vet's office. **30.** Millan realised he had a special gift, and he began to dream of going to Hollywood and becoming a famous dog trainer.

Millan was in his 20s before he finally managed to reach America. 31. Later, he got a job working in a place that takes care of dogs and people noticed that Millan had a way with dogs. Soon more and more people began asking him to help them out with their pets. His first real break came when Hollywood actor Will Smith asked Millan for a hand with his dog. The actor and his wife were so impressed with Millan that they recommended him to all their friends.

Today, Millan has achieved his dream. He has his own dog psychology centre; he's the author of a well-known book and he has his own popular television show called "The Dog Whisperer". **32.**

"A lot of people don't realise I've been working with dogs for more than 20 years - long before my TV show or book," he says. "Success followed me because I was following my dream of being the best dog trainer in the world."

a	How does Millan feel about his success?	e	According to Millan, in many countries, especially in America, owners tend to be too loving and treat their dogs like children.
b	Lots of people are and with good reason.	f	However, it is important to use the proper method when walking your dog.
c	At first, he spoke no English and he had to take any job he could find.	g	This is the name given to people who have a special ability to communicate with dogs.
d	The teenager was so good at handling dogs that people started calling him "El Perrero"-Spanish for "the dog boy".	h	Apparently, like their wild ancestors, dogs will only respect and obey their owners if they respect them as their leaders.

You are going to read a newspaper article about **Are extreme sports dangerous?** Six sentences have been removed from the article. Choose from the sentences **A to H** the one which fits each gap (**27-32**). There are two extra sentences which you do not need to use. Mark your answers on the separate answer sheet.

Are Extreme Sports Dangerous?

Do you love to play sports? For many kids, there's nothing quite like the exercise and fun that come from being part of a team. Maybe you play baseball, basketball, football, or soccer. Perhaps you prefer softball or volleyball. No matter what sports you enjoy, there is fun to be had on a field or a court near you.

Some athletes take things to the next level, though. **27.** No, we're not talking about bowling or jogging. We're talking about extreme sports!

What is an extreme sport? There's no set definition. For the most part, though, extreme sports are athletic activities involving one person that are dangerous in some way. **28.** This is what drives many of them to take part.

What types of activities do most people call extreme sports? It's a long list! It includes skateboarding, surfing, bungee jumping, snowboarding, kayaking, mountain climbing, and ice climbing. Many would add BASE jumping, heli-skiing, BMX biking, bull riding, and cliff diving to the list. Even mountain biking, cave diving, ski jumping, speed skiing, and street luging are often called extreme sports.

29. That feeling of fear and danger is what drives many extreme sports athletes. They seek to test themselves in all sorts of death-defying ways. Many people also enjoy watching extreme sports. Their popularity has soared in recent years.

You may have seen extreme sports on TV or social media. Some of the athletes receive large sponsorships. **30.** Some sponsorships allow extreme sports athletes to compete professionally.

The best extreme sports athletes can have long and profitable careers. But even the smallest mistakes in these sports can have major, even lethal consequences. **31.**

Many of these injuries can be prevented. Unfortunately, the young people who are most likely to engage in extreme sports sometimes lack good judgment. The lure of Internet fame leads many to attempt things they're not ready for.

Extreme sports can be very dangerous. **32.** If you think you would like to try an extreme sport, get advice from friends and family members first. You should also learn from experts in the sport. If you proceed, start small. Your safety is always what's most important.

A	Just thinking about many of those activities is enough to give most people goosebumps.	E	That depends on your athletic level and how good are you in some sports.
В	Most extreme sports give athletes a rush of adrenaline.	F	Rather than playing traditional sports, they strike out on their own.
С	Between 2000 and 2011, over four million injuries were caused by extreme sports.	G	In general, this sport requires a lot of skill, and without it, it can be very dangerous.
D	Never engage in an activity you haven't prepared for.	Н	Many companies want to link their brands with these thrill seekers

You are going to read an extract from a short story. Six sentences have been removed from the article. Choose from the sentences **A to H** the one which fits each gap (27-32). There are two extra sentences which you do not need to use. Mark your answers on the separate answer sheet.

It was Thursday, a school day. I remember feeling very peculiar that day. I had this strange feeling that something awful was going to happen that day. I brushed off the feeling and told myself that it was only my mind playing tricks on me. I went to the canteen to meet my friends. Tony, Zach and Stevie.

While waiting for them, Patricia ran towards me shouting "Tony collapsed in the assembly hall!" Everyone who knew him rushed into the hall. **27.** Mr Donald, the teacher on duty was holding him telling everyone to go back to class. My other best friends were standing there with me.

Ambulance arrived. I sat at the door of my classroom so that I could see what was going on. Mr Donald saw my friends and I were watching. He came to the room and told us that Tony was going to be fine. **28.** A short while after that, I saw Tony's mother was crying. I thought of running out of my classroom to follow his parents to the hospital. However, my teacher wouldn't allow me.

I don't recall much of what we learned in school that day. I was too concerned about my best friend. **29.** I got up from my chair along with few classmates and walked out of the classroom. Halfway to the school hall, I fell to the ground and started crying. I couldn't believe it. I thought I was losing my mind. How could a seventeen-year-old boy just die? **30.** We walked to the school hall holding each other's hand.

There were a lot of teachers trying their best to console the students. **31.** I could wake up the next day and I would see his charming smiling face. **32.** I remember the last time I spent time with him. He told me how he valued the honesty in our friendship.

A	Zach and Stevie pulled me up to my feet.	Е	Losing a good friend was really devastating.
В	All I could think was it was a nightmare.	F	Later, an announcement was made, at 11.48 this morning, Tony Benedict passed away at the hospital.
С	I figure she was running a little late.	G	He also told that they were taking him to the hospital and his parents were on their way.
D	Their teacher told them to accompany Tony to the hospital since his parents will be waiting at the hospital.	н	I remember pushing through the crowd of students who had circled around him lying on the ground.

Part 4

Questions 27 to 32

You are going to an article about An Unforgettable Experience. Six sentences have been removed from the article. Choose from the sentences A to H the one which fits each gap (27-32). There are two extra sentences which you do not need to use. Mark your answers on the separate answer sheet.

An Unforgettable Experience

It was the fourth day of our holidays in Genting Highlands when my sister suggested that we should go hiking. **27**. Neither of us had thought that this hike would turn out to be the most terrifying experience for us. We set out early and we brought a packed lunch and some water with us. We told our guardians that we would be back for dinner. We were a jolly pair who went hiking the jungle-clad hill singing and marvelling at the rich green beauty around us. **28**. We reached the crest in high spirits and had lunch beside a stream.

It was some time after our descent from the top that my sister admitted she was not quite sure if we were taking the right path. **29.** It soon turned to panic after we walked for what seemed endless hours. It was clear that we were lost. Darkness was setting in. We were cold and tired, so decided to wait the night out under a tree.

The beautiful surrounding greenery had now turned into sinister shapes towering all around us. Suddenly, a shrill screech broke the stillness of the night. **30.** My sister and I looked at each other. My sister assured me that it was only one of those big jungle birds, but my heart was still pounding hard and quickly.

It was getting cold and we had but our thin clothes on. We almost dozed off when we heard a low growl in the darkness. A tiger! We moved closer to each other in our fear. The growl grew louder. The beast must be coming closer. **31.** It was fortunate that we did not lose each other. After some distance, we decided to stop. We listened, but the growl could no longer be heard. In our numbed and bewildered state, we sat huddled together and waited for the night to come to an end. Our fears were not to disappear with the coming of dawn. **32.** It took me many years before the memories of the night would fade from my mind.

A	Then, we heard a loud flapping of wings over our heads.	Е	We had tramped several hours before a search party found us.
В	My sister led the way, showing the jauntiness of an expert.	F	Both of us screamed and shouted loudly for help.
С	We got up and ran crashing through the bushes.	G	Fear gripped me at once.
D	I was thrilled at the prospect of getting more intimate with nature.	Н	I would inform my guardians before I go hiking again.

Part 4 Questions 27 to 32

You are going to an article about **Cacao**. Six sentences have been removed from the article. Choose from the sentences **A** to **H** the one which fits each gap (27-32). There are two extra sentences which you do not need to use. Mark your answers on the separate answer sheet.

Cacao

Cacao has been a popular sweet treat around the world due to its unique and rich taste. However, not many of us know that it had been consumed by the Aztec people who inhabited for thousands of years in where is known today as central Spain. Cacao or chocolate was a type of drink that the Aztecs took during religious ceremonies and festive celebrations. It was usually mixed with chillies, maize and fruit.

In the early 15th century, Mexican people discovered this exotic bitter drink when they landed in Mexico and brought it back to their homeland. They returned with not just the cacao seeds, but the equipment for making the drink too. The taste of the original drink was enhanced when they added sugar. **27**.

Subsequently, in the 18th century, when chocolate drink was introduced to other places in Europe, it immediately became a highly coveted and craved beverage among the aristocracy. **28.** It immediately became a style and luxurious drink enjoyed by the upper class at any time of the day – during breakfast, lunch, teatime, dinner and even before bedtime.

Today, chocolate is much more affordable and consumed in various forms and ways. The most commonly and liked by all is milk chocolate. **29.** Dark chocolate, on the other hand, contains a lot less milk but has a high content of cacao. It can be eaten as it is or used in baking and cooking.

30. They always feel unsecure after eating it yet they find it irresistible. They claim that consuming chocolate causes weight gain. It is because chocolate contains high calories due to its sugar and fat content. Some reference show that chocolate might cause poor bone

structure and osteoporosis. **31.** Meanwhile, some of them experienced an increase in migraines too.

There are always two sides of the same coin. **32.** The higher the cacao content, like in dark chocolate, the more benefits there are. These include lowering cholesterol levels, reducing the risks of heart disease and stroke, and increasing sport performance.

A	They were completely fascinated by this new drink.	E	Milk chocolate, just like dark chocolate, contains plenty of milk and cocoa.
В	They were totally put off by the strong flavour of the new beverage.	F	In the research, older women who consumed chocolate every day had lower bone density and strength.
С	A lot of health-conscious people consider chocolate as 'sinful' food.	G	Some research studies, on the other hand, claim that chocolate's antioxidants may provide a range of health benefits.
D	Milk chocolate is solid chocolate made with a high percentage of milk content.	Н	The sweet cocoa drink then became a beverage which only the wealthy could afford.

Part 4 Questions 27 to 32

You are going to an article about **Pet Treatment**. Six sentences have been removed from the article. Choose from the sentences A to H the one which fits each gap (27-32). There are two extra sentences which you do not need to use. Mark your answers on the separate answer sheet.

Pet Treatment

Pet treatment has been used as a type of complementary or alternative therapy to help people with physical and mental problems. It is also known as animal therapy or animal-assisted therapy. Many animals, when trained, are able to keep people company and help people get out from dangerous situations.

Research has proved that pet therapy is effective to provide physiological,

psychological and emotional support. **27.** It is the Interaction and bonding between a person and a trained animal that results in a form of healing. Dogs and cats are commonly used in pet therapy. However, animals such as birds, rabbits, horses and other types of animals can be used too. 28.

The benefits pet therapy generates are plentiful and huge. **29.** It arouses patients' sense of unconditional love and security that put patients at ease during treatment. This is the effect that comes almost naturally when the patients work with animals but hardly produced if they work with people. As a result, withdrawn patients may start to open up and benefit from the therapy.

Additionally, pet therapy can help to reduce someone's anxiety and stress. Subsequently, it decreases the blood pressure of people who suffer from hypertension. **30.** In terms of physiological benefits, pet therapy helps stroke victims greatly. **31**. They feel more

SET 6

motivated to stick to their therapy when accompanied by a pet compared to receiving normal hospital physiotherapy.

32. The most threatening risk to take note of is the safety of the patients. The patient may suffer from an injury if the trainer who handles the animal and the animal itself do not have enough experience. Besides, patients who are allergic to animal dander will need to consider twice before undergoing pet therapy. It is because they may experience allergic reactions such as runny nose, watery eyes, postnasal drip, and facial pressure.

A	Firstly, it improves the physical health of a patient greatly.	E	While pet therapy provides a plethora of advantages, there are a couple of risks worth noting.
В	First and foremost, it improves a patient's overall state of mind.	F	Hence, it is widely used to help autistic children, lonely senior folks as well as depressed adults.
С	It is vital to set a specific goal for pet therapy to generate effective results.	G	They regain their physical strength and motor skills through their increased physical activities with the animals.
D	The type of animal chosen depends on the therapeutic goals of a person's treatment plan.	Н	It is because the human-animal interaction triggers the release of endorphins in the brain that calm and relax a person.

PART 5 MATCHING

&

INFORMATION TRANSFER

SEKTOR PEMBELAJARAN JABATAN PENDIDKAN NEGERI PERAK

PAPER 1 KSSM

PART 5: MATCHING AND INFORMATION TRANSFER (VARIOUS INPUT TYPES: NOT MORE THAN 370 WORDS)

Testing focuses

- Understand the main points in extended texts on a wide range of familiar topics and some unfamiliar topics.
- Understand specific details and information in extended texts on a wide range of familiar topics. Guess the meaning of unfamiliar words from clues provided by other words and by context on a wide range of familiar topics and some unfamiliar topics.
- Recognise with little or no support the attitude or opinion of the writer in extended texts on a wide range of familiar topics.
- ✤ The testing focuses on specific details.

Read	Reading and Use of English: Part 5					
Part	Task Type	Number of	Task Format			
		Items				
5	Matching and Information transfer	8	Various input types with a total word count of no more than 370 words. Tasks could include completion of notes, diagrams, matching tasks and short answer questions.			

Part 5 Questions 33 to 40

We interviewed six teenagers about the importance camping. Read the notes below and answer the questions that follow.

A. Airis Arissa 15 years old

Sometimes camping and its related activities present you with challenges; How to set up a tent or deal with a scenario where you are not prepared with mod-cons or the usual environment. Regardless, there's plenty of research that suggests tackling new challenges and experiences can keep our brains healthy, because it forces us to think for ourselves. Better yet, they can also boost self-confidence.

B. Syazwan, 17 years old

Camping can have direct positive impacts on children's development. And in the age of smart phones and tablets and other technology, this is even more pertinent. But camping introduces children to a new world and helps them with the ability to overcome new problems and challenges. Gaining exposure to a different set of challenges not only keeps children's brains healthy but leads to increased learning opportunities.

C. Kok Hong, 16 years old

Camping can reset our biological clocks and help those of us who have difficulty falling asleep and/or waking up in the morning. Getting adequate sleep has long been touted as critical to our overall health and well-being. Besides, aren't we all better friends when we're not tired and grumpy?!

D. Damia, 13 years old

Camping often means more time in the sun. And more of those rays means extra vitamin D, which has benefits for you. Exposure to sunlight has also been linked to mental health benefits, such as improved mood. However, this all comes with a caveat: Direct sun exposure should be taken in moderation and adequate protection should be used to minimize the risk of skin cancer.

E. Aiman Ridzuan ,18 years old

While camping, you will likely explore a new environment; perhaps wander through a nearby national park or go cycling or kayaking. This increased exercise has been well documented as having myriad physical and mental benefits. This includes fighting health problems and diseases as well as improving your mood and energy levels.

F. Daren ,16 years old

Camping is great for improving your mood. It's all has to do with serotonin, the amazing chemical our body produces that helps us to feel happy. We've already touched on some of the factors that help the body create serotonin: more sunlight, more oxygen and increased physical activity.

Question 33 to 36

Which paragraph (**A-F**) *describes the following notes of Teenagers about Camping? Mark your answers on* **the separate answer sheet.**

	Statements	Paragraph
33	Camping helps with problem solving	
34	Camping makes you feel contented	
35	Camping can lead to vigorous activity	
36	Camping is great for children's education	

Question 37 to 40

Complete the notes below using the information from the text. Choose **no more than one word** *from the passage for each answer.*

Mark your answers on the separate answer sheet.

What We Know About Camping

- Apply sunscreen can give some (37) from the hot sun.
- One of the tips for (**38**) your well-being is remain physically active.
- It is important to get good quality sleep so you will not (**39**) for the entire day.
- Pitching a tent is one of the (40) for beginners.

Part 5

Questions 33 to 40

We interviewed six teenagers about benefits of audiobooks. Read the notes below and answer the questions that follow.

Teenagers talking about benefits of Audiobooks

A. Carol, 15 years old,

Audiobooks help "build and enhance important literacy skills such as fluency, vocabulary, language acquisition, pronunciation, phonemic awareness, and comprehension—skills that often boost reading scores."

B. Cloe, 17 years old,

Audio books have the power to improve our mood and disrupt negative thought patterns. *Psychology Today* notes that for "those of us who are prone to anxiety and depression . . . hearing others read aloud can help by replacing negative thoughts with something else."

C. Julia, 14years old,

Don't let anyone tell you that listening to an audiobook is cheating. Researchers from Gallant's Lab scanned the brains of nine participants while they read and listened. . . Looking at brain scans and analysing the data, the researchers saw that the stories stimulated the same cognitive and emotional areas, regardless of their medium.

D. PETER, 17 years old,

Most Americans spend more than seven hours a day looking at a digital screen, which can cause blurred vision, eye strain and long-term vision problems like near-sightedness. Additionally, studies have suggested that there is a link between social media use and feelings of loneliness and depression—another reason to put an audiobook on and the phone down.

E. Harry, 20 years old,

Being able to train our brains and read a book while doing tasks like driving, cleaning or exercising is a win-win—and allows less satisfying chores to become more enjoyable, reducing stress.

F. Rachel, 23 years old,

Audiobooks can captivate the imagination, allowing listeners to create whole worlds at once within and outside of themselves." Being able to escape from our everyday worries is a powerful tool that we can easily tap into through the wonder of audiobooks.

Question 33 to 36

Which paragraph (**A-F**) *describes the following notes about Audiobooks? Mark your answers on* **the separate answer sheet.**

	Statements	Paragraph
33	Audiobooks Immerse You in Another World	
34	Audiobooks Improve Time Management	
35	Audiobooks Build Crucial Listening Skills for Children	
36	Audiobooks Have the Same Benefits of Reading	

Question 37 to 40

Complete the notes below using the information from the text. Choose **no more than one word** from the passage for each answer. Mark your answers on **the separate answer sheet.**

- Listening alone can help expand vocabulary, whereas listening while tracking text can
 (37) word recognition ability.
- Listening to audiobooks can improve our (38) and outlooks on life.
- Audiobooks are also a good choice if you want to avoid (**39**) when staring at a screen before bed.
- Audiobooks have been a lot of fun, as we can discuss books while

(40).....

Part 5

Questions 33 to 40

The following are the synopses of the new arrivals that are available in your school library. Read the texts below and answer the questions that follow.

Synopses of New Arrivals

A – Golden Hero by Swee Ting

The real hero of this book is a cute Golden Dolphin who helps people who are lost at sea. But the highlight of this book is how the Golden Dolphin helps the crew of sailors from the mermaid attack. This extraordinary story of man and animal is a must read for animal lovers.

B – To Mars with Love by Ruth Sandy

This year is 3090 - a terrible war between Mars and the Plutonian has begun. Martians are constantly under attack from fierce Plutonian warriors. It seems Plutonian are gaining ground. Fortunately, the daughter of the Plutonian Warlord helps the heroes, and in the process, love grows between them.

C – To the Future by Kamal Ibrahim

A heart-warming story of a girl who thought her father had abandoned her when she was a child. She discovers a secret time machine and soon realizes that her father has not disappeared into time or has neglected her. She goes on an amazing adventure, even further into the future to bring her father home.

D – Funtoons Station by Lin Xin

You will learn how to create your favourite 3D cartoon characters. This title covers all types of animation techniques. There are easy instructions on how to make a quiz book, animated toys, etc. It comes complete with clay, paintbrushes, pencils, cut-outs, clips and tracing paper.

E – The Golden Odyssey by Sarah Aiko

If you like adventure stories – this one is for you! Brothers Mark and Matthew discover a pirate's treasure map that leads to a hidden treasure - the Lost City of Golden Candy. But hunting for treasure is never easy. They have to find the dangerous Creepy Forest, the unfriendly tribe of Creepies, the den of venomous snakes and the 'bad guys' who might find them first!

F – The Sea Eden by William Kisling

Get a fascinating insight into the underwater world. Discover how coral reefs are formed and the effects of human presence on the scene. You will be amazed by the crevices and structures that create some of the most beautiful underwater sea views. This book is one of the best coffee table books ever published featuring pictures of incredible colourful corals and exotic marine life.

Questions 33 to 36

Which paragraph (A - E) matches the following synopses of the new arrivals? Mark your answers on the separate answer sheet.

	Statements	Paragraph
33	It is an action-packed book with lots of fighting and romance.	
34	Those who enjoy making crafts will be fascinated by this book.	
35	It is the thrilling adventure of two brothers in search of the golden city.	
36	This book is about a sea creature that rescues people lost at sea.	

Questions 37 to 40

Complete the notes below using information from the text. Choose **no more than one word** from the passage for each answer. Mark your answers on **the separate answer sheet.**

What We Know About Synopses of New Arrivals

- You will be amazed and (37) by the beauteous underwater seascapes.
- It is a quest of a daughter and father that took them to the (38)
- *Funtoons Station* shows you the craft of making your (**39**)3D cartoon characters.
- *The Sea Eden* features many (**40**) photographs that capture the corals and exotic marine life.

SET 4

Part 5 Questions 33-40

Six notices have been put up in Taman Kinta community hall. Read the notices below and answer the questions that follow.

Public Events in Taman Kinta

A - Kinta Bonsai and Shinseki Society

We hold a bonsai workshop at our premises. The workshop starts at 9.00 a.m. and ends at

12.00 p.m. every Saturday. The workshop is free for everyone to attend.

B - WWF Malaysia

We seek volunteers to help raise funds during our annual Flag Day on Sunday. Those interested in lending a helping hand can do so by calling Mark on 05- 4532 9000.

C - Kinta Indoor Sports Arena

We provide modern indoor facilities in six team sports: indoor hockey, futsal, netball,

cricket, beach volleyball and beach soccer. We are open seven days a week from 10.00 a.m. to 10.00 p.m.

D - Kinta Amal Bazaar

We are holding a jumble sale, selling new and used items to raise funds for children's homes and for the education of the children residing there. We accept any form of donation for the needy.

E - Kinta Nature Society

We organise activities for families. There are activities like Nature Walk, nature Art and Paper Recycling on the first and third Saturday of every month. Each activity is limited to twenty participants.

F - Mousedeer Education Group

We are organizing a talk for Form 4 students on Physics, Chemistry, Additional Maths and Biology on Sunday at Kinta Tower. For more details, please contact Ms. Ros on 05- 3561 4555.

Questions 33 to 36

Which organizer (A - F) suits the need of each of the following residents of Taman Kinta? *Mark your answers on* the separate answer sheet.

33.	Statement My children are quite weak in science subjects, so I would	Organiser
	like them to attend a talk to motivate them -Mrs Lim	
34.	My whole family loves going on nature walks especially on weekends Catherine	
35.	I have a few bonsai plants at home and would like to know more about these plants Noraini	
36.	I would like to do my part for charity. I have a lot of clothes that I would like to donate. – Mr David	

Questions 37 -40

Complete the notes below using information from the text. Choose **no more than one word** from the passage for each answer. Mark your answers **on your answer sheet**.

What We Know about Public Events in Taman Kinta

- We can find new and (37) items sold at the jumble sale.
- The (38) facilities at Kinta Indoor Sports arena will attract the attention of indoor sports enthusiasts.
- Only (**39**) people are allowed to take part in Nature Walk.
- (40) will gather the volunteers before the Flag Day begins.

Part 5 Questions 33 - 40

We interviewed six SPM students about the courses and activities they plan to take after exam.

A – Naqi, 17 years old

I think I will go to Top One College because it offers Management Accounting, Auditing and Assurance Services. Basic Economics, and Business Law. The course features include Wi-Fi access for multimedia labs, and self-access materials for students with different learning styles.

B - Julie, 17 years old

When I was younger, I helped out at a nearby animal shelter. In the beginning I didn't know many people there and I wasn't very enthusiastic. Then, as I got to know the animals and the staff, I learned how to enjoy my time there. Every now and then, I go over to feed the animals and play with them. It is rewarding and I get new experiences doing things that I've never done before.

C - Amelia, 17 years old

Last year, we had a class project that required us to complete 10 hours of community service. So, my class decided to help clean up the zoo grounds. Even though it was very tiring, I felt that doing community service was beneficial. It was an amazing experience, it made me very interested to work with animals. After graduation, I plan to apply for a job at the zoo.

D – Derek, 17 years old

Well, I will join millions of students in taking online courses via distance learning at INTELL College and start earning credits for my degree. The courses and programs offered are Arts and Design, Humanities, Medicine and Healthcare, Mathematics and Science and Social Sciences.

E - Jeremy, 17 years old

As far back as I can remember, I have always been involved in community service – going to children's homes with my parents to organise parties especially on special occasions. The joy on the children's faces never ceases to warm our hearts and that's what keeps us coming back.

F – Elixa, 17 years old

I will join Crescendo College because my ambition is to become a pilot. This college allows students to combine a college degree with aviation training. It also offers scholarships. With a program like this, I will earn a college degree along with a pilot's license such as a Commercial Pilot's License. I don't have to wait a long time to get a job in an airline after I got my license.

Questions 33 to 36

Which paragraph (A - F) *describes the following college course preferred by the students? Mark your answers on* **the separate answer sheet**.

Statements	Paragraph
33. I prefer doing online courses.	
34. I sympathise with the unfortunate in my area.	
35. I get input to have a better understanding of the world.	
36. I hope to work as an accountant at a company.	

Questions 37 - 40

Complete the notes below using information from the text choose **no more than one word** from the passage for each answer. Mark your answers on **the separate answer sheet**.

37. A person who plans to take a science course does not need to worry finding a job after

.....

- **38.** A student might apply for a if he can't afford the fees.
- **39.** Online courses are preferred by most students nowadays as it offers...... learning.
- 40. Those who are interested in working with animals could help out at a zoo or animal

.....

Part 5 Questions 33 to 40

The following are the opinion of six teenagers and their choice of activity during holidays. Read the texts below and answer the questions that follow.

Productive Holidays Activities

A – Cheng: Create A Portfolio

I am a teen with a creative streak, so I like to develop samples of my work that can be used for future reference when looking for a job. As I enjoy photography, I like to create a portfolio of the images clicked by me and upload the images on official websites supporting budding photographers. This helps me build self-confidence. Who knows? My good work may get noticed and prominent professionals may invite young students like me to intern with them.

B – Aidil: Part time Job

It is one of the most productive things to do during the holidays for teenagers like me. The best way to understand the value of money is to make one earn it. Like most teenagers, I have lots of time and energy to take up small jobs, such as making fliers, working at groceries store, or even walking dogs. By putting in hard work to earn money, I have come to understand the importance of money management and wish to aim higher in life.

C – Humaira: Volunteer Work

This always gives me a sense of contentment and achievement, and makes me understand the importance of human life. I usually help out at an animal shelter, teach underprivileged children, clean the local park or spend time at an old people's home. Volunteer work widens my perspective and helps me develop a sense of responsibility towards society.

D – Tharshaana: Learn A New Language

I love learning new things and I believe I have a flair for languages. What can be a better time to learn a new language? I can either take online lessons or join a language institute. Learning a new language can never go to waste, especially since I dream of travelling and exploring new places in the future. can also earn some income by teaching foreign languages to others.

E – Zakuan: Sports Camp

I am a sports fanatic, so I love to spend time in a sports camp. Not only do I get to play my favourite sport, but I can also exercise and stay fit. Sports camps teach team building and help develop organisational and leadership skills. Having a good sports background will enable me to get a scholarship for further studies. Children who are exceptionally good at sports can also pursue a career in the field of sports.

F – Erisya: Reading

I happen to be a bookish teenager who always greedy for knowledge. My father got me a membership with the state library, where I read books, journal or magazines as a way to improve concentration. Books are the cheapest way to discover various things in life. But now we got a lot of online books to read too. Reading can inspire teens in positive ways and make them understand human behaviour.

Questions 33 to 36

Which paragraph (A - E) *matches the following synopses of the new arrivals? Mark your answers on* **the separate answer sheet.**

	Statements	Paragraph
33	To focus better and get information in a cost-effective way.	
34	Useful skills to have while traveling and discovering new places.	
35	To learn the importance of money management and the value of money.	
36	To develop a sense of responsibility towards society and understand the importance of people and life.	

Questions 37 to 40

Complete the notes below using information from the text. Choose **no more than one word** from the passage for each answer.

Mark your answers on the separate answer sheet.

- Teenagers who collect and upload the pictures they have taken on the website for budding photographers are actually building (37)
- By helping to clean public place or teaching disadvantaged children, you will be filled with a feeling of satisfaction and (**38**)
- By attending sports camps, a child can learn to organise himself and acquire (**39**) skills.
- We can read books, journals and magazines as hard copies at home or in libraries, or simply read them (40)



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