SPEAKING NOTES

SPM TRIAL 2026 - PART 2

PERAK

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5ST (Set 2)
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A School Facility

Talk about a school facility

- what it is
- when you use it
- if students like the facility (why/why not)
- how school facilities support students learning

What is one facility you wish your school has? Why?

Useful Phrases

Well-equipped
Accessible, Resourceful
Functional, Modernised, Infrastructure
Learning environment
Practical facilities,
Collaborative space
Academic development

Perak (Set 1)

Sample B1	Sample B2
Today, I want to talk about a school facility. To begin with, The facility I want to talk about is the school library. It is a quiet place where students can read books and study. Furthermore, I usually use the library during recess and after school, especially when I need to revise for an examination. Next, I think most students like it because it is peaceful and comfortable. For example, we can study without too much noise. Finally, They provide a good learning environment and give students access to useful resources. All in all, I think school facilities are important because they make learning easier and more enjoyable.	Today, I want to talk about a school facility. To begin with, The facility I would like to talk about is the Science laboratory. It is an important place where students can conduct experiments and gain practical experience. Furthermore, I usually use the laboratory during Science lessons, especially when we need to carry out experiments related to what we have learnt in class. Next, Personally, I believe most students enjoy using it because hands-on activities make lessons more interesting. For example, carrying out an experiment can help us understand a scientific concept more clearly. Finally, They provide useful resources and help students develop practical skills. Besides that, suitable facilities can create a more effective learning environment. All in all, good school facilities can make learning more meaningful and enjoyable.

I wish my school had a larger library because more students could study there comfortably. For example, students could use the extra space for group discussions and revision.

School Holiday Activities

Talk about the activities you usually do during the school holidays

- what you do
- where you do it
- why you like it
- if teenagers should work part time during school holidays (why/why not)

What is an ideal way to spend time during school breaks? Why?

Useful Phrases

Recreational
Productive, Leisure, Unwind
Rejuvenate, Enriching,
Work experience
Time management
Personal growth
Work-life balance

Perak (Set 1)

Sample B1	Sample B2
Today, I want to talk about the activities I usually do during the school holidays. To begin with, I usually spend time with my family and meet my friends. Sometimes, I also play badminton to stay active. Furthermore, I usually spend time at home or at a nearby park. For example, I watch films at home or play badminton at the park. Next, I enjoy these activities because they help me relax and spend quality time with people I care about. Finally, I think they should because they can earn money and gain work experience. However, they should not work for too many hours. All in all, school holidays are a good time to relax and learn new things.	Today, I want to talk about the activities I usually do during the school holidays. To begin with, I usually spend quality time with my family, meet my friends and take part in outdoor activities. Besides that, I sometimes use my free time to learn a new skill, such as cooking. Furthermore, I normally do these activities at home, at a nearby park or at a shopping centre. For example, I might cycle at the park or watch a film with my friends. Next, I enjoy these activities because they allow me to unwind after a busy school term and strengthen my relationships with others. Finally, Personally, I believe they can work because they can gain valuable work experience and develop financial responsibility. However, they should have reasonable working hours so they still have enough time to rest. All in all, school holidays should be a balance between relaxation, learning and fun.
I think learning a new skill is a good way to spend school breaks because I can use my free time productively. For example, I could learn how to cook or improve my English.	

A Skill

Talk about a valueable skill you have

- what the skill is
- where you learn it
- why is it valueable
- How skills can lead to future success

What is one skill you think is important for future career? Why?

Useful Phrases

Proficiency, Expertise
Competence, Adaptability
Versatility, Resourcefulness
Problem-solving, Transferable skills
Career prospects,
Professional development

Perak (Set 2)

Sample B1	Sample B2
Today, I want to talk about a valuable skill that I have. To begin with, the first point is what the skill is. One valuable skill I have is coding. I can use coding to create simple programmes and systems. Furthermore, the second point is where I learnt it. I learnt coding at school through technology projects and online tutorials. Next, the third point is why it is valuable. Coding is valuable because it helps me solve problems and think logically. Finally, the last point is how skills can lead to future success. Coding can give me more career opportunities, especially if I want to work in IT or robotic engineering.	Today, I want to talk about a valuable skill that I have. To begin with, the first point is what the skill is. One valuable skill I have is cooking. I can prepare simple meals such as fried rice and noodles. Furthermore, the second point is where I learnt it. I learnt cooking from my family by helping my parents in the kitchen. Next, the third point is why it is valuable. Cooking is valuable because it makes me more independent and helps me save money. Finally, the last point is how skills can lead to future success. Cooking can be useful in the future because it can help me take care of myself and even become a career opportunity.
Communication is important because we need to explain our ideas clearly and work well with others. For example, teachers need good communication skills to explain lessons to students.	

Helping at School

Talk about you help at school

- what you do
- who you help
- how often you help
- if being helpful shapes students' personality (why/why not)

Do you think that students should help cleanschool facilities? Why?

Useful Phrases

Responsible, Cooperative,
Considerate Dependable,
Proactive, Dedication
Initiative, Collaboration
Sense of responsibility
Community spirit

Perak (Set 2)

Sample B1	Sample B2
Today, I want to talk about how I help at school. To begin with, the first point is what I do. I help by cleaning the dormitory and taking part in gotong-royong activities. Furthermore, the second point is who I help. I usually help my friends in the dormitory, especially when they need help cleaning the room. Next, the third point is how often I help. I help them every weekend when we clean the dormitory together. Finally, the last point is if being helpful shapes students' personality. Yes, it does because it teaches students responsibility and discipline.	Today, I want to talk about how I help at school. To begin with, the first point is what I do. I help my friends with their schoolwork, especially when they do not understand a topic. Furthermore, the second point is who I help. I usually help my classmates and younger students. Next, the third point is how often I help. I help them whenever they need me, especially before tests or examinations. Finally, the last point is if being helpful shapes students' personality. Yes, it does because it teaches us to be caring, responsible and willing to work with others.
Yes, I think students should help clean school facilities. It teaches them responsibility because they learn to take care of the places they use every day. For example, students can help clean their classrooms.	

A Local Personality

Talk about a local personality admire

- who the person is
- how you know this person
- why he or she is famous
- if having a role model helps you become a better person (why/why not)

What is one quality you always look for in person? Why?

Useful Phrases

Influential, Prominent
Accomplished, Charismatic,
Distinguished, Inspirational
Determination, Perseverance
Outstanding achievements
Positive influence

Perak (Set 3)

Sample B1	Sample B2
Today, I want to talk about a local personality I admire. To begin with, the first point is who the person is. The person I admire is Michelle Yeoh, a famous Malaysian actress. Furthermore, the second point is how I know this person. I know her through her movies and social media. Next, the third point is why she is famous. She is famous because she has acted in many successful international movies and received many awards. Finally, the last point is if having a role model helps me become a better person. Yes, she inspires me to work hard and never give up when facing challenges.	Today, I want to talk about a local personality I admire. To begin with, the first point is who the person is. The person I admire is Nicol David, a famous Malaysian squash player. Furthermore, the second point is how I know this person. I know her through sports news, social media and stories about her achievements. Next, the third point is why she is famous. She is famous because she became one of the world's top squash players and won many international titles. Finally, the last point is if having a role model helps me become a better person. Yes, she inspires me to be disciplined, hardworking and determined.
One quality I always look for in a person is kindness. I like kind people because they treat others well and are willing to help. For example, I appreciate a friend who helps me when I am having a difficult time.	

A Cultural Tradition

Talk about a cultural tradition that you practice

- what it is
- how often you practice it
- why you practice it
- how we can encourage younger generations to continue our cultural traditions

What can you learn from practicing cultural traditions?

Useful Phrases

Heritage, Customs
Ancestral, Festivities, Symbolism
Preservation, Cultural identity
Intergenerational,
Time-honoured, Sense of belonging

Perak (Set 3)

Sample B1	Sample B2
Today, I want to talk about a cultural tradition that I practise. To begin with, the first point is what it is. One cultural tradition I practise is celebrating Hari Raya Aidilfitri with my family. Furthermore, the second point is how often I practise it. I practise this tradition once a year, after the month of Ramadan. Next, the third point is why I practise it. I practise it because it brings my family together and allows us to strengthen our family bonds. Finally, the fourth point is how we can encourage younger generations to continue our cultural traditions. We can encourage them by involving them in family celebrations and teaching them the meaning behind the traditions.	Today, I want to talk about a cultural tradition that I practise. To begin with, the first point is what it is. One cultural tradition I practise is wearing traditional clothes such as baju kurung during special occasions. Furthermore, the second point is how often I practise it. I usually practise this tradition during Hari Raya and family celebrations. Next, the third point is why I practise it. I practise it because it shows respect for my culture and makes me feel proud of my heritage. Finally, the fourth point is how we can encourage younger generations to continue our cultural traditions. We can encourage them by making traditional activities more interesting and involving them in celebrations.
One thing I can learn from practising cultural traditions is respect. I learn to respect my culture, family and other people because traditions teach us to appreciate our heritage.	

A Natural Attraction

Talk about a beautiful natural attraction you have visited

- what the place is
- where is it located
- when you visited the place
- if teenagers should spend more time appreciating nature (why/why not)

What is one place you would like to go to? Why?

Useful Phrases

Breathtaking scenery
Fresh air, Natural beauty
Peaceful surroundings,
Beautiful landscape, Stunning views,
Wildlife conservation
Popular destination, Outdoor activities
Unforgettable experience

Perak (Set 4)

Sample B1	Sample B2
Today, I want to talk about a beautiful natural attraction I have visited. To begin with, it was Taman Negara. I visited this place with my family. It was beautiful because there were tall trees, green plants and fresh air. I really enjoyed the peaceful environment. Furthermore, Taman Negara is located in Pahang. It is a large natural area with many trees and different types of plants and animals. Next, I visited it during the school holidays with my family. For example, we went for a walk, took photos and enjoyed the beautiful surroundings. Finally, teenagers should spend more time appreciating nature. Yes, I think they should because spending time in nature can help them relax. For example, teenagers can go hiking, explore a park or have a picnic with their friends. It is also a good way to spend less time on their phones. All in all, I think Taman Negara is a wonderful place to visit because we can relax, enjoy nature and learn more about our environment.	Today, I want to talk about a beautiful natural attraction I have visited. To begin with, Taman Negara is one of the beautiful natural attractions in Malaysia. I visited it with my family and was impressed by its lush greenery, tall trees and peaceful surroundings. I also had the chance to enjoy the fresh air and learn more about nature. Furthermore, Taman Negara is located in Pahang. It is a large rainforest area with different types of plants and wildlife, making it an interesting place for people who enjoy outdoor activities. Next, I visited Taman Negara during the school holidays last year with my family. For example, we explored the area, took photos and enjoyed the natural surroundings. It was a memorable experience because I rarely get the chance to spend so much time in nature. Personally, I believe they should because spending time outdoors can reduce stress and help them take a break from their busy school life. For example, teenagers can go hiking, explore a park or spend time with their friends in nature. Besides that, they may become more aware of the importance of protecting the environment. All in all, I believe Taman Negara is a great place to visit because it allows us to relax, enjoy nature and learn to appreciate our environment.

Another place I would like to go to is Sabah. I want to visit Sabah because I want to see beautiful nature and mountains. For example, I would like to see Mount Kinabalu and take some pictures.

A Reading Material

Talk about your favourite reading material

- what it is
- where you got it
- why you like it
- if you think reading promotes language development (why/why not)

Tell us about one book you recently read.

Useful Phrases

Interesting storyline,
Main character Unexpected ending,
Valuable lessons Creative imagination,
Engaging content Reading habit,
Meaningful message
Thought-provoking ideas
Broaden knowledge

Perak (Set 5)

Sample B1	Sample B2
Today, I want to talk about my favourite reading material. To begin with, my favourite reading material is a magazine. I enjoy reading magazines because they have interesting pictures and short articles. For example, I like magazines about celebrities, travel, food and lifestyle. Furthermore, I usually get magazines from a bookshop or a supermarket. Sometimes, I also read them online. Next, I like reading magazines because they are easy to read and interesting. I can also learn new things in a short time. For example, I can read an article about new places to visit or healthy activities during my free time. Yes, I think reading can improve our language because we can learn new words and expressions. For example, by reading English magazines, I can learn new vocabulary and improve my understanding of English. Personally, I believe reading regularly can make us more confident when using English. All in all, I think magazines are a good choice because they are interesting, useful and easy to read.	Today, I want to talk about my favourite reading material. To begin with, my favourite reading material is young adult novels because they usually have interesting stories and relatable characters. I especially enjoy stories about friendship, family and challenges faced by teenagers. Furthermore, I usually get my reading materials from bookshops, the school library or online reading platforms. For example, I recently borrowed an English novel from the school library because I wanted to practise reading in English. I also sometimes read e-books when I am travelling. Next, I enjoy reading because it is both entertaining and relaxing. Besides that, a good story allows me to imagine different situations and understand other people's experiences. For example, I enjoy reading before going to bed because it helps me take a break from my daily routine. Personally, I believe reading plays an important role in language development because it exposes us to new vocabulary, sentence structures and different ways of expressing ideas.All in all, I believe reading is not only an enjoyable hobby but also an effective way to develop our language skills.

Recently, I read a comic book about superheroes. I enjoyed it because the story was fun and exciting. I liked seeing how the main character helped other people.

Second-hand Item

Talk about a second-hand item you recently bought

- what you bought
- how much it was
- why you like it
- do you think buying new items is a waste of money (why/why not)

Do you prefer buying new or preloved items? Why?

Useful Phrases

Affordable price,
Good condition
Reasonable bargain,
Previous owner, Budget-friendly option
Durable product, Smart purchase
Save money, Reduce waste
Worth buying

Perak (Set 6)

Sample B1	Sample B2
Today, I want to talk about a second-hand item. • To begin with, the first point is what I bought. I bought a second-hand smartphone from my cousin. • Furthermore, the second point is how much it was. It cost me RM250, which was a reasonable price for a phone in good condition. • Next, the third point is why I like it. I like it because it helps me save money and I can use it for studying, communicating with my friends and watching videos. • Finally, the last point is if buying new items is a waste of money. Personally, I believe it can be a waste of money if our old items are still working well because we can save money by buying preloved items.	Today, I want to talk about a second-hand item I recently bought. To begin with, I purchased a preloved smartphone from my cousin because I needed a phone for my daily activities. As for the price, it cost me RM250, which was a great bargain considering that it was still in excellent condition. What I like most about the phone is that it is affordable and works perfectly well. I can use it for studying, keeping in touch with friends and watching videos. Personally, I do not think buying new items is necessarily a waste of money. However, purchasing second-hand products is a smart choice if they are still in good condition. It also helps reduce unnecessary waste. All in all, I am satisfied with my purchase because I managed to save money without compromising on quality.

I prefer buying preloved items because they are more affordable and can still be in excellent condition. Besides saving money, it is also an environmentally friendly choice as it helps reduce waste.

A Musician

Talk about a famous musician you admire

- who the person is
- where he/she is from
- why you admire him/her
- if music plays an important role in teenagers' lives (why/why not)

What is your favourite song to listen to? Why?

Useful Phrases

Talented singer, Catchy songs
Meaningful lyrics
Unique voice, Musical talent
Inspiring performances
International recognition
Loyal fans
Emotional connection
Successful career

Perak (Set 6)

Sample B1	Sample B2
Today, I want to talk about a famous musician I admire. • To begin with, the first point is who the person is. The musician I admire is Yuna, a famous Malaysian singer-songwriter. • Furthermore, the second point is where she is from. She is from Kuala Lumpur, Malaysia, and she has become well-known internationally. • Next, the third point is why I admire her. I admire her because she is talented, hardworking and creative, and I enjoy listening to her meaningful songs. • Finally, the last point is if music plays an important role in teenagers' lives. Yes, I believe music is important because it can reduce stress, express our emotions and bring people together. My favourite song to listen to is Terukir Di Bintang because I love its melody and meaningful message.	Today, I want to talk about a famous musician I admire, which is Yuna. To begin with, Yuna is a talented Malaysian singer-songwriter who has gained international recognition for her music. She is originally from Kedah, Malaysia, and is well known for her unique voice and meaningful songs. What I admire most about her is her creativity and determination. Despite facing challenges, she has managed to build a successful career in the international music industry. Her journey inspires me to pursue my own dreams. Personally, I believe music plays an important role in teenagers' lives because it helps us express our emotions and relieve stress. Besides that, music can bring people together regardless of their backgrounds. All in all, Yuna is an inspiring musician who proves that hard work and passion can lead to success.

My favourite song is Terukir di Bintang by Yuna because it has a beautiful melody and meaningful lyrics. I find it relaxing, and I never get tired of listening to it.