



SPEAKING NOTES

SPM TRIAL 2026 - PART 2

SBP



@fieqateachenglish

Compiled by :
Pn Nur Safiqa Binti Sapar
Prepared by ;
5ST (Set 2)
Sekolah Tun Fatimah

Favourite Celebrity

Talk about your favourite celebrity

- who the celebrity is
- what is he/she popular
- why do you like him/her?
- if it is important for celebrities to be role models? (why/why not)

Is there a singer or actor that you like?



Useful Phrases

Talented performer
Positive influence
Famous personality
Outstanding achievements
Role model, Hard work
Inspiring journey
Successful career, Loyal supporters
International recognition

Sample B1

To begin with, my favourite celebrity is Alec Benjamin, an American singer and songwriter. He is popular for his emotional songs and meaningful lyrics.

Besides that, he is well known for songs such as Let Me Down Slowly and If We Have Each Other. His songs often tell stories about love, family and life.

As for why I like him, I enjoy his unique musical style and relatable lyrics. His music helps me relax, especially after a long day at school. I also admire his creativity and songwriting skills.

Personally, I believe celebrities should be good role models because they can influence young people. For example, they can encourage kindness and confidence.

All in all, Alec Benjamin is my favourite celebrity because his music is meaningful and enjoyable.

Sample B2

To begin with, my favourite celebrity is Alec Benjamin, an American singer-songwriter who is widely recognised for his emotional music and storytelling skills.

Besides that, he is popular for songs such as Let Me Down Slowly, Water Fountain and If We Have Each Other. His songs often explore love, family and personal experiences, making them relatable to young listeners.

As for why I like him, I admire his distinctive voice and the way he turns everyday experiences into meaningful lyrics. His music helps me unwind after a busy day, and I find his songs comforting because they express feelings that are sometimes difficult to explain.

Personally, I believe celebrities should be positive role models because they have a strong influence on teenagers. For instance, they can use their platforms to promote kindness and encourage people to support one another.

All in all, Alec Benjamin inspires me through his music and creativity.

Yes, I really admire Yuna because she is talented and has a unique voice. Her success in the international music industry inspires me to work hard and follow my dreams.

A Website

Talk about your favourite website

- what the website is
- how often you use it
- why you love it
- if teenagers should limit their time on the internet (why/why not)

Do you think that teenagers spend too much time on the internet?



Useful Phrases

Useful information,
User-friendly design, Easy access
Reliable sources, Online resources
Useful features
Search function
Educational content
Quick navigation
Digital platform

Sample B1

Today, I want to talk about my favourite website, Safari.

To begin with, Safari is a web browser that allows me to search for information and visit different websites.

Besides that, I use it every day, especially when I need to complete my homework. For example, I use it to search for notes and explanations.

I love Safari because it is easy to use and saves time. I can find useful information in just a few seconds.

As for limiting internet use, personally, I believe teenagers should do so because spending too much time online can affect their studies and sleep. For example, they should finish their homework before browsing the internet.

All in all, Safari is useful for both learning and entertainment, but teenagers should use the internet wisely.

Sample B2

Today, I would like to talk about my favourite website, Safari, which is a web browser that I use regularly.

To begin with, Safari allows me to access different websites and search for information easily.

Besides that, I use it on a daily basis, mainly for educational purposes. For instance, I search for school notes, read articles and look for explanations of difficult topics.

I love Safari because it is user-friendly and helps me save time. It also allows me to explore different subjects and improve my knowledge.

As for limiting internet use, personally, I believe teenagers should manage their screen time carefully. Spending too much time online can affect their sleep, studies and relationships. For example, teenagers should complete their homework before using the internet for entertainment.

All in all, Safari is a useful tool for students, but maintaining a healthy balance between online and offline activities is important.

Yes, I think many teenagers spend too much time browsing social media and playing online games. This can affect their studies and sleep, so it is important to manage their screen time wisely.

Saving Electricity

Talk about a way to save electricity

- what you do
- where you do it
- who taught you to do it
- how schools can teach students to save electricity

What do you do to save electricity?



Useful Phrases

Energy consumption, Monthly bills
Save electricity,
Energy-efficient appliances
Reduce wastage,
Environmental awareness
Renewable energy, Daily habits
Unplug devices, Lower expenses

Sample B1

To begin with, one way I save electricity is by switching off the lights when I leave a room. I also try to use natural light during the day. I usually do this at home, especially in my bedroom and living room. For example, I open the curtains in the morning instead of turning on the lights.

As for who taught me this habit, my mother was the person who taught me. She always reminds me not to waste electricity because it increases our electricity bills.

Besides that, schools can teach students through awareness campaigns and reminder posters. For example, teachers can put posters near classroom switches.

All in all, saving electricity is a simple habit that everyone should practise.

Sample B2

To begin with, one way I save electricity is by switching off electrical appliances when they are not in use. I also prefer using natural light during the day to reduce unnecessary electricity consumption.

I usually practise this habit at home, particularly in my bedroom and living room. For instance, I unplug my phone charger after charging my phone and switch off the television when nobody is watching it.

As for who taught me this habit, my parents played an important role. They explained that saving electricity helps reduce our electricity bills and protects the environment.

Besides that, schools can encourage students to save electricity by organising energy-saving competitions. For example, classes could compete to reduce unnecessary electricity use.

Personally, I believe schools should also appoint energy monitors to remind students to switch off unused lights and fans.

All in all, small actions can make a difference if everyone practises them consistently.

I usually switch off the lights and fans when they are not in use. Besides that, I unplug electronic devices to reduce energy consumption and lower electricity bills.

Shopping Mall

Talk about a shopping mall you have visited

- where the shopping mall is
- who you went there with
- what you did there
- if we need more shopping malls in our area? (Why/why not?)

Where do you usually shop?



Useful Phrases

Shopping outlets,
Entertainment facilities
Food court, Popular brands
Spacious environment
Affordable prices,
Convenient location
Wide selection, Leisure activities
Modern facilities

Sample B1

To begin with, I would like to talk about Mid Valley Southkey, a popular shopping mall in Johor Bahru, Johor. It is located in the Southkey area and is a great place to shop.

I went there with my family during the school holidays. We wanted to spend quality time together and enjoy a relaxing day.

Besides that, we did several activities there. We browsed around different shops, bought some clothes and had lunch at a restaurant. We also enjoyed walking around the mall because there were many interesting shops.

As for whether we need more shopping malls, I believe we do not need many more because existing malls already offer a wide variety of choices.

All in all, Mid Valley Southkey is a wonderful place to visit.

Sample B2

To begin with, I would like to talk about Mid Valley Southkey, a well-known shopping mall located in Johor Bahru, Johor. It is a popular destination for shopping, dining and entertainment.

I visited the mall with my best friends during the school holidays. We wanted to hang out together and take a break from our busy school routine.

Besides that, we spent several hours exploring the mall. We browsed through various shops, bought some clothes and enjoyed a delicious meal at a restaurant. We also watched a film at the cinema, which made the outing even more enjoyable.

As for whether we need more shopping malls in our area, personally, I believe we do not need many more. Existing malls already provide a wide range of facilities, and building more could lead to traffic congestion.

All in all, Mid Valley Southkey is an enjoyable place to spend time with friends and family

I usually shop at shopping malls because they offer a wide variety of products. Besides that, I enjoy comparing prices and looking for good bargains before making a purchase.

Smartphones

Talk about how you use your smartphone

- who gave it to you
- when you use it
- what you use it for
- how it affects your relationship with others

How often do you use your smartphone?



Useful Phrases

Smart devices,
Instant communication
Social interaction,
Online learning, Screen addiction
Useful applications
Daily convenience, Digital distractions
Stay connected
Responsible usage

Sample B1

To begin with, my parents gave me my smartphone as a birthday present. They bought it for me because I needed it for school and communication.

Besides that, I usually use my smartphone after school and in the evening. I use it to look up information, do schoolwork and communicate with my friends. I also watch videos, listen to music and play games in my free time.

As for my relationships with others, I think my smartphone has both positive and negative effects. It helps me stay connected with my friends and family. For example, I can easily message my relatives who live far away. However, using it too much can reduce face-to-face communication.

All in all, my smartphone is useful, but I should use it responsibly.

Sample B2

To begin with, my parents gave me my smartphone as a birthday present when I was in secondary school. They thought it would be useful for both my studies and communication.

Besides that, I normally use my smartphone after school and in the evening, especially when I have finished my homework. I use it for several purposes, such as looking up information, communicating with my classmates and enjoying some entertainment. For example, I sometimes use an online dictionary or watch educational videos to improve my English.

As for its effect on my relationships, personally, I believe it has both advantages and disadvantages. It helps me stay connected with my family and friends, especially those who live far away. However, excessive phone use can affect face-to-face communication because people may pay more attention to their screens than to each other.

All in all, I think a smartphone is useful if I use it responsibly and avoid spending too much time on it.

I use my smartphone every day, mainly to communicate with my friends and complete schoolwork. However, I try to limit my screen time to avoid unnecessary distractions.

Recycling

Talk about your recycling habit

- what items you recycle
- when you do it
- how you recycle
- if recycling should be made compulsory (why/why not)

Do you usually recycle at home?



Useful Phrases

Reduce waste, Reusable materials
Plastic pollution,
Environmental protection Recycling
bins, Waste separation Natural
resources,
Eco-friendly habits
Sustainable lifestyle
Community awareness

Sample B1

To begin with, I usually recycle plastic bottles, paper and aluminium cans at home. These are the items that my family uses most often. Besides that, I normally recycle once a week, especially at the weekend. I have more free time then, so I can sort the rubbish properly. For example, I collect empty drink bottles and old newspapers. As for how I recycle, I separate the materials and put them into the correct recycling bins. Sometimes, my family takes the items to a recycling centre. Personally, I believe recycling should be made compulsory because it can reduce waste and protect the environment. However, people should also be educated about recycling. All in all, recycling is a simple habit that everyone can practise.

Sample B2

To begin with, I mainly recycle plastic bottles, paper, cardboard and aluminium cans because these are common items in my home. Instead of throwing them away, I keep them in a separate container. Besides that, I usually recycle once a week, particularly at the weekend. This gives me enough time to sort the recyclable materials properly. For example, after cleaning my room, I collect old worksheets, cardboard boxes and empty bottles. As for how I recycle, I first separate the different materials and make sure containers are clean. Then, I put them into the appropriate recycling bins. Sometimes, my family takes larger amounts of recyclable items to a recycling centre. Personally, I believe recycling should be made compulsory because it could reduce the amount of waste sent to rubbish dumps. It could also encourage people to develop better environmental habits. All in all, recycling may seem like a small action, but it can make a difference when many people do it regularly.

Yes, I regularly recycle plastic bottles, paper and cardboard at home. I believe recycling is a simple but effective way to reduce waste and protect the environment.

Buying A Used Item

Talk about your experience in buying a used item

- what it was
- where you bought it
- why you bought it
- if you would sell your own items (why/why not)

Do you buy used item?



Useful Phrases

Affordable price, Good condition
Second-hand products
Previous owner, Reasonable deal
Budget-friendly choice
Smart spending, Reduce waste
Quality products
Value for money

Sample B1

To begin with, I once bought a second-hand bicycle because I wanted one for cycling around my neighbourhood. It was still in good condition and looked quite nice.

hat with ChatGPT

Besides that, I bought it from an online marketplace. I found the bicycle while looking at different listings and contacted the seller. The price was reasonable, so I decided to buy it.

As for why I bought it, I wanted to save money because a new bicycle would have been more expensive. I also thought it was practical and useful.

Personally, I would sell my own items if I no longer used them. For example, I could sell my old books or bicycle to someone who needs them.

All in all, buying used items can be a good way to save money.

Sample B2

I once bought a second-hand smartphone because I needed a phone for school and communication. The phone was a few months old, but it was still in excellent condition.

Besides that, I bought it from an online marketplace. I compared several listings before choosing one because I wanted to find a reasonable price. I also checked the seller's information and asked about the condition of the phone.

As for why I bought it, the main reason was that it was more affordable than a new phone. I could save quite a lot of money, and the phone still had all the features I needed. For example, I could use it for online learning, messaging and taking photos.

Personally, I would sell my own items if I no longer used them and they were still in good condition. This would help me earn some extra money and reduce clutter at home.

All in all, buying used items can be a practical way to save money.

Yes, I occasionally buy second-hand items, especially books and electronic devices. They are usually more affordable, and I can save money without compromising on quality.

Your Best Friend

Talk about your best friend

- who the person is
- how you met him / her
- what makes the person special
- if it is important to have many friends in life (why/why not)

How do you spend your time with your friends?



Useful Phrases

Close friendship, Mutual trust
Emotional support
Shared interests, Loyal companion
Strong bond, Quality time
Genuine friendship
Lasting memories
Trustworthy person

Sample B1

To begin with, my best friend is my classmate, Aina. We have been close friends for several years. I first met her at school when we became classmates. We started talking during recess and slowly became good friends.

Besides that, what makes her special is that she is kind and supportive. She always listens to me when I have a problem. For example, she encourages me when I feel nervous about an exam.

As for having many friends, personally, I believe a few close friends are enough. Good friends can support us and make us feel happy. We do not need to know everyone.

All in all, I am happy to have a best friend who I can trust and rely on.

Sample B2

My best friend is my classmate, Aina, and we have known each other since Form One. To begin with, I first met her at school when we were placed in the same class. We started talking during recess, and we soon discovered that we had many things in common.

Besides that, what makes her special is that she is supportive, trustworthy and easy-going. I can talk to her about my problems because she listens without judging me. For example, whenever I feel stressed about my studies, she encourages me and helps me stay positive.

As for whether it is important to have many friends in life, personally, I believe quality is more important than quantity. Having many friends can help us meet different people, but a few genuine friends can give us stronger support.

All in all, I am grateful to have a best friend who I can trust and rely on.

I usually spend time with my friends by going out for meals, watching films or playing sports. These activities help us relax and strengthen our friendship.

A Gift for Teacher

Talk about a gift you bought for a teacher

- what it was
- where you bought it
- why you bought it
- whether buying gifts or making your own gifts is more meaningful (why?)

Do you prefer giving gifts or receiving them?



Useful Phrases

Thoughtful gift, Special occasion

Heartfelt message

Show appreciation,

Meaningful present

Personal touch

Memorable gesture

Express gratitude

Lasting memories, Small token

Sample B1

To begin with, a gift I bought for my teacher was a personalised mug. I chose it because I wanted to give my teacher something useful.

Besides that, I bought it from a gift shop in a shopping mall near my school. There were many designs, so I chose a simple one with a nice message.

As for why I bought it, I wanted to show my appreciation for my teacher's hard work and guidance throughout the year. I hoped my teacher would like it and use it every day.

Personally, I believe handmade gifts are more meaningful because they require time and effort. For example, students can make a personalised card for their teacher.

All in all, a simple gift can be meaningful when it comes from the heart.

Sample B2

To begin with, a gift I bought for my teacher was a personalised notebook. I chose it because it was both practical and meaningful, as my teacher could use it to write notes and reminders.

Besides that, I bought it from a stationery shop in a shopping mall near my school. There were many designs available, but I chose a simple notebook with my teacher's name on it.

As for why I bought it, I wanted to show my appreciation for my teacher's patience, guidance and support throughout the school year. It was also a small way of saying thank you for always helping us.

Personally, I believe handmade gifts are more meaningful because they show greater effort and creativity. For example, a handmade card with a personal message can create a special memory for a teacher.

All in all, the value of a gift matters less than the thought behind it.

I prefer giving gifts because I enjoy making other people feel appreciated. Seeing their happy reactions gives me a sense of satisfaction, especially when the gift is meaningful.

A Digital App for Learning

Talk about a digital app you use for studying

- what it is
- when you use it
- why you use it
- if students should depend on educational apps to study (why/why not?)

Do you like online classes?



Useful Phrases

Interactive lessons
Useful features Online learning
Instant feedback
Learning progress
Educational content
Digital tools Personalised learning
Study materials
Improve understanding

Sample B1

To begin with, a digital app that I use for studying is Quizlet. It is a useful app that helps me revise vocabulary and important facts. Besides that, I usually use it after school or before an exam. I like using it because it is easy to use and I can study anywhere using my phone. As for why I use it, Quizlet makes learning more interesting because I can use flashcards and quizzes. For example, I can test myself on new English words. Personally, I believe students should use educational apps, but they should not depend on them completely. Teachers and textbooks are still important. All in all, educational apps are useful learning tools when we use them wisely.

Sample B2

To begin with, a digital app that I frequently use for studying is Quizlet. It is a learning app that allows me to revise vocabulary and important information through flashcards and quizzes. Besides that, I normally use it during revision sessions, especially when an examination is approaching. I find it useful because it is convenient and interactive, so studying does not feel too boring. As for why I use it, Quizlet helps me reinforce what I have learnt and identify topics that I need to revise again. For example, I can test myself on English vocabulary and repeat the questions until I remember the answers. Personally, I believe students should use educational apps as additional learning resources, but they should not rely on them completely. Teachers, textbooks and independent study are still important. All in all, educational apps can make studying more effective if they are used responsibly.

Yes, I enjoy online classes because they are convenient and allow me to learn from the comfort of my home. However, I still prefer face-to-face lessons because it is easier to interact with teachers and stay focused.