SPM SPEAKING • PART 3

MELAKA 2026

QUESTIONS

1. What recycling habits can teenagers do?
2. How to stop dengue?
3. What makes a good friend?
4. How to improve the school canteen?
5. What makes a good gift?
6. How can students show respect to teachers?
7. Why do students need enough sleep?
8. What can students do to learn better online?

Questions • Points • Dialogues

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MELAKA 2026 SET 1

PART 3 • PAIRED DISCUSSION

20/20

What recycling habits can teenagers do?

Reuse water bottles

Separate rubbish

Clean-up activity

Collect old papers

Bring reusable bags

Use recycle bins

MELAKA 2026 SET 1 20/20

PART 3 • SUGGESTED POINTS

What recycling habits can teenagers do?

Reuse water bottles

- Using a reusable bottle reduces disposable plastic waste.
- For example, we can refill the same clean bottle before school.

Separate rubbish

- Sorting rubbish helps recyclable materials reach the right collection.
- For example, we can put paper and plastic in separate labelled bins.

Clean-up activity

- Joining a clean-up makes shared places cleaner.
- For example, we can pick up safe litter during a teacher-led activity.

Collect old papers

- Collecting used paper keeps it out of general waste.
- For example, we can gather old worksheets for the school paper collection.

Bring reusable bags

- Reusable bags reduce the need for new plastic bags.
- For example, we can take a cloth bag when buying groceries.

Use recycle bins

- Using the correct bins helps materials get recycled.
- For example, we can put a clean, empty bottle in the suitable bin.

MELAKA 2026 SET 2

PART 3 • SUGGESTED POINTS

21. How to stop dengue?

Clean the drains

- Clear drains reduce places where water may collect.
- Ask responsible adults to arrange a safe drain clean-up.

Cut long grass

- Keeping surroundings maintained makes it easier to spot problem areas.
- Adults maintain grass around the home regularly.

Close doors and windows

- Screens or closed openings can reduce mosquitoes entering rooms.
- Close a screened door properly after going outside.

Empty old containers

- Standing water in containers can provide mosquito breeding places.
- Empty an unused bucket after rain.

Use mosquito spray

- Suitable products can help reduce mosquitoes when used as directed.
- An adult follows the label on a household mosquito product.

Check water tanks

- Covered and maintained tanks reduce access to stored water.
- Ask an adult to check that a tank cover fits properly.

MELAKA 2026 SET 2

21

PART 3 • PAIRED DISCUSSION

How to stop dengue?

Clean the drains

Cut long grass

Close doors and windows

Empty old containers

Use mosquito spray

Check water tanks

MELAKA 2026 SET 1

20/20

What recycling habits can teenagers do?

ROUND 1 • DISCUSS TOGETHER

Candidate A

Hi! Let's talk about recycling habits. What do you think teenagers can do?

Candidate B

That's an interesting topic. What do you think?

Candidate A

First of all, we can **reuse water bottles** because it reduces the number of disposable bottles we buy. For example, we can fill the same clean bottle before school each day. Do you agree?

Candidate B

Yes, I agree. Moreover, we can **separate rubbish** because sorting helps useful materials reach the right recycling collection. For example, we can put paper and plastic in different labelled bins. What do you think?

Candidate A

Furthermore, we can join a **clean-up activity** because it makes shared places cleaner for everyone. For example, we can pick up safe rubbish during a teacher-led activity. Do you agree?

Candidate B

Yes, you're right. Another point is that we can **collect old papers** because paper can be recycled instead of mixed with general waste. For example, we can gather used worksheets for the school paper collection. What do you think?

Candidate A

In addition, we can **bring reusable bags** because using the same bag reduces the need for new plastic bags. For example, we can take a cloth bag when buying groceries. Do you agree?

Candidate B

That's true. Finally, we can **use recycle bins** because correct bins make it easier to collect recyclable materials. For example, we can place an empty clean bottle in the suitable bin. That's all from us. Thank you.

ROUND 2 • AGREE ON ONE POINT

Candidate A

We both agree that **using recycle bins** is the best way because it makes it easier to collect recyclable materials. What do you think?

Candidate B

I agree with you because it helps keep our school and community cleaner. Shall we end our discussion here?

Candidate A

Yes, thank you.

Thank you.

Candidate B

MELAKA 2026 SET 2

PART 3 • MODEL DIALOGUE

21 How to stop dengue?

ROUND 1 • DISCUSS TOGETHER

Candidate A: **Hi! Let's talk about how to stop dengue.**

Candidate B: **Hi! What do you think about this topic?**

Candidate A: **First of all, clean the drains.** Clear drains reduce places where water may collect. For example, we can ask responsible adults to arrange a safe drain clean-up. **Do you agree?**

Candidate B: **Yes, I agree. Moreover, cut long grass.** Keeping surroundings maintained makes it easier to spot problem areas. For example, we can ask adults to maintain grass around the home regularly. What do you think?

Candidate A: **Furthermore, close doors and windows.** Screens or closed openings can reduce mosquitoes entering rooms. For example, we can close a screened door properly after going outside. Do you agree?

Candidate B: **I agree. Empty old containers.** Standing water in containers can provide mosquito breeding places. For example, we can empty an unused bucket after rain. What do you think?

Candidate A: **Another way is to use mosquito spray.** Suitable products can help reduce mosquitoes when used as directed. For example, we can ask an adult to follow the label on a household mosquito product. **Do you agree?**

Candidate B: **Yes. Finally, check water tanks.** Covered and maintained tanks reduce access to stored water. For example, we can ask an adult to check that a tank cover fits properly. What do you think?

ROUND 2 • AGREE ON ONE POINT

Candidate A: We both agree that emptying old containers is the best way to reduce mosquito breeding because it removes standing water where mosquitoes lay eggs. What do you think?

Candidate B: I agree with you because it is a simple step families can do regularly. Shall we end our discussion here?

Candidate A: **Yes, thank you.**

Candidate B: Thank you.

MELAKA 2026 SET 3

TOPIC 22

PART 3 • MODEL DIALOGUE

What makes a good friend?

ROUND 1 • DISCUSS TOGETHER

Candidate A: Hi! Let's talk about what makes a good friend.

Candidate B: Hi! What do you think about this topic?

Candidate A: **First of all,** a good friend **listens well.**
A good friend pays attention when we need to talk.
For example, we can listen without interrupting a friend who feels upset. Do you agree?

Candidate B: **Yes, I agree. Moreover,** a good friend **gives support.**
Support helps us feel less alone during a difficult time.
For example, we can encourage a friend before a speaking test.
What do you think?

Candidate A: **Furthermore,** a good friend **forgives mistakes.**
Friends can accept an honest apology and try to move forward.
For example, we can forgive a friend who apologises for a careless comment. Do you agree?

Candidate B: **I agree. Another quality is keeping secrets.** A good friend respects our privacy because it helps build trust. For example, we can keep a friend's personal worries private. What do you think?

Candidate A: **In addition,** a good friend **helps others.** A caring friend offers useful help when possible. For example, we can explain a homework instruction to a confused classmate. Do you agree?

Candidate B: **Yes. Finally,** a good friend **shares problems.** Talking honestly can help friends understand and support each other.
For example, we can tell a trusted friend when schoolwork feels difficult. That's all from us. Thank you.

ROUND 2 • AGREE ON ONE POINT

Candidate A: We both agree that listening well is the most important quality of a good friend because it shows that we care about our friend's feelings.
What do you think?

Candidate B: I agree with you because it helps friends trust each other.
Shall we end our discussion here?

Candidate A: Yes, thank you.

Candidate B: Thank you.

MELAKA 2026 SET 3

22 What makes a good friend?

PART 3 • SUGGESTED POINTS

Listens well

- A good friend pays attention when we need to talk.
- For example, we can listen without interrupting a friend who feels upset.

Gives support

- Support helps us feel less alone during a difficult time.
- For example, we can encourage a friend before a speaking test.

Forgives mistakes

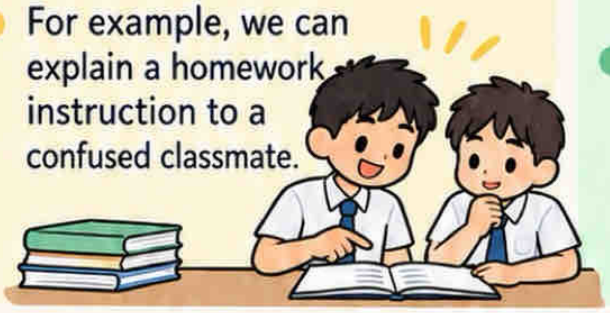
- Friends can accept an honest apology and try to move forward.
- For example, we can forgive a friend who apologises for a careless comment.

Keeps secret

- Respecting harmless private information helps build trust.
- For example, we can keep a friend's personal worries private.

Helps others

- A caring friend offers useful help when possible.
- For example, we can explain a homework instruction to a confused classmate.



Shares problems

- Talking honestly can help friends understand and support each other.
- For example, we can tell a trusted friend when schoolwork feels difficult.

MELAKA 2026 SET 3

PART 3 • PAIRED DISCUSSION

Topic 22

What makes a good friend?

Listens well

Gives support

Forgives mistakes

Keeps secret

Helps others

Shares problems

MELAKA 2026 SET 4

PART 3 • PAIRED DISCUSSION

23 How to improve the school canteen?

Cleaner tables

Cheaper food

Enough seats

Healthy meals

More choices

Faster service

MELAKA 2026 SET 4

TOPIC 23

How to improve the school canteen?

PART 3 • SUGGESTED POINTS

Cleaner tables

- **Reason:** Students need a hygienic place to sit and eat.
- **For example,** wipe tables after use and report spills.

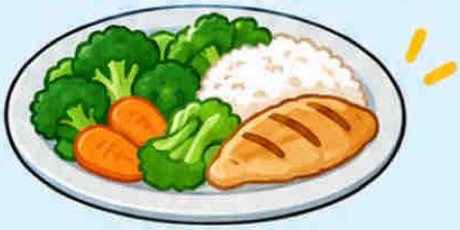
Cheaper food

- **Reason:** Affordable meals help students buy enough food within their budget.
- **For example,** offer a reasonably priced rice meal.

Enough seats

- **Reason:** Students can eat more comfortably without crowding.
- **For example,** arrange suitable seating for busy break times.

Healthy meals



- **Reason:** Nutritious options help students have energy for lessons.
- **For example,** include vegetables and protein in a meal.

More choices

- **Reason:** Different choices can meet different tastes and dietary needs.
- **For example,** offer a vegetarian meal as well as other options.

Faster service

- **Reason:** Quicker service gives students more time to eat during a short break.
- **For example,** use a clear queue and prepare popular meals efficiently.

MELAKA 2026 SET 5

Topic 24

PART 3 • SUGGESTED POINTS

What makes a good gift?

Useful item

- A useful gift can help with something the person does often.
- For example, we can give a notebook to a friend who enjoys writing.

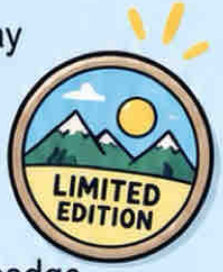
Fair price

- A gift should suit our budget without causing money worries.
- For example, choose a small gift we can afford.

Nicely wrapped

- Thoughtful wrapping can make a gift feel special.
- For example, use clean reused paper and write a short note.

Limited edition



- A special version may appeal to someone who collects items.
- For example, give a collector a special badge within our budget.

Good quality

- A well-made gift may last longer and work better.
- For example, choose a sturdy water bottle that does not leak.

Meaningful

- A personal gift can show that we know and care about someone.
- For example, make a photo card about a shared happy memory.

MELAKA 2026 SET 5

PART 3 • PAIRED DISCUSSION

24

What makes a good gift?

Useful item

Fair price

Nicely wrapped

Limited edition

Good quality

Meaningful

23

MELAKA 2026 SET 4

PART 3 • MODEL DIALOGUE

How to improve the school canteen?

ROUND 1 • DISCUSS TOGETHER

Candidate A
Hi! Let's talk about how to improve the school canteen.

Candidate B
Hi! What do you think about this topic?

Candidate A
First of all, cleaner tables are important because students need a hygienic place to sit and eat. For example, we can wipe tables after use and report spills. Do you agree?

Candidate B
Yes, I agree. Moreover, cheaper food helps students buy enough food within their budget. For example, we can offer a reasonably priced rice meal. What do you think?

Candidate A
Furthermore, enough seats allow students to eat more comfortably without crowding. For example, we can arrange suitable seating for busy break times. Do you agree?

Candidate B
I agree. Another way is to serve healthy meals because nutritious options help students have energy for lessons. For example, we can include vegetables and protein in a meal. What do you think?

Candidate A
In addition, more choices can meet different tastes and dietary needs. For example, we can offer a vegetarian meal as well as other options. Do you agree?

Candidate B
Yes. Finally, faster service gives students more time to eat during a short break. For example, we can use a clear queue and prepare popular meals efficiently. That's all from us. Thank you.

ROUND 2 • AGREE ON ONE POINT

Candidate A
We both agree that serving healthy meals is the best way to improve the school canteen because students need nutritious food for a busy school day. What do you think?

Candidate B
I agree with you because it helps students build better eating habits. Shall we end our discussion here?

Candidate A
Yes, thank you.

Candidate B
Thank you.

MELAKA 2026 SET 5

24 What makes a good gift?

PART 3 • MODEL DIALOGUE

ROUND 1 • DISCUSS TOGETHER

Candidate A: Hi! Let's talk about what makes a good gift.

Candidate B: Hi! What do you think about this topic?

Candidate A: **First of all,** a useful item can help with something the person does often. For example, we can give a notebook to a friend who enjoys writing. Do you agree?

Candidate B: Yes, I agree. **Moreover,** a gift should suit our budget without causing money worries. For example, we can choose a small gift we can afford. What do you think?

Candidate A: **Furthermore,** thoughtful wrapping can make a gift feel special. For example, we can use clean reused paper and write a short note. Do you agree?

Candidate B: I agree. **Another reason** is that a special version may appeal to someone who collects items. For example, we can give a collector a special badge within our budget. What do you think?

Candidate A: **In addition,** a well-made gift may last longer and work better. For example, we can choose a sturdy water bottle that does not leak. Do you agree?

Candidate B: Yes. **Finally,** a personal gift can show that we know and care about someone. For example, we can make a photo card about a shared happy memory. That's all from us. Thank you.

ROUND 2 • AGREE ON ONE POINT

Candidate A: We both agree that choosing something meaningful is the most important part of giving a gift because it shows that we know and care about the person. What do you think?

Candidate B: I agree with you because a personal gift can remind someone of a happy memory. Shall we end our discussion here?

Candidate A: Yes, thank you.

Candidate B: Thank you.

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MELAKA 2026 SET 6

PART 3 • MODEL DIALOGUE

ROUND 1 • DISCUSS TOGETHER

Topic 25

How can students show respect to teachers?

Candidate A Hi! Let's discuss ways to show respect to teachers.

Candidate B Hi! What do you think about this topic?

1 Greet teachers

First of all, a polite greeting shows we notice and respect our teachers. For example, we can say good morning to our teachers when entering the classroom. Do you agree?

2 Listen well

Yes, I agree. Moreover, listening lets teachers explain and shows respect for their effort. For example, we can put away distractions while a teacher gives instructions. What do you think?

3 Say thank you

Furthermore, thanks show appreciation for support and time. For example, we can thank a teacher after receiving extra help. Do you agree?

4 Submit homework

Candidate B

I agree. Another way is to submit our homework because it shows that we take lessons seriously. For example, we can hand in a task on time. What do you think?

5 Follow instructions

In addition, clear instructions help the class work safely and smoothly. For example, we can wait for permission before starting a practical activity. Do you agree?

6 Be polite

Candidate B

Yes. **Finally,** kind language helps maintain a respectful classroom. For example, we can ask a question calmly instead of shouting. That's all from us. Thank you.

ROUND 2 • AGREE ON ONE POINT

Candidate A We both agree that listening well is the best way to show respect to teachers because it shows that we value their effort. What do you think?

Candidate B I agree with you because we can understand their instructions and learn better. Shall we end our discussion here?

Candidate A Yes, thank you.

Candidate B Thank you.

25

MELAKA 2026 SET 6

PART 3 • SUGGESTED POINTS

How can students show respect to teachers?

Greet teachers

- **Reason:** A polite greeting shows we notice and respect our teachers.
- **For example**, say good morning when entering the classroom.

Listen well

- **Reason:** Listening lets teachers explain and shows respect for their effort.
- **For example**, put away distractions while a teacher gives instructions.

Say thank you

- **Reason:** Thanks show appreciation for support and time.
- **For example**, thank a teacher after receiving extra help.

Submit homework

- **Reason:** Completing agreed work shows that we take lessons seriously.
- **For example**, hand in a task on time or explain a genuine difficulty.

Follow instructions

- **Reason:** Clear instructions help the class work safely and smoothly.
- **For example**, wait for permission before starting a practical activity.

Be polite

- **Reason:** Kind language helps maintain a respectful classroom.
- **For example**, ask a question calmly instead of shouting.

PART 3 • PAIRED DISCUSSION

How can students show respect to teachers?

Greet teachers

Listen well

Say thank you

Submit homework

Follow instructions

Be polite

MELAKA 2026 SET 7

PART 3 • PAIRED DISCUSSION

26

Why do students need enough sleep?

Energy

Better focus

Less stress

Good mood

Fresh mind

Healthy body

MELAKA 2026 SET 7

26

PART 3 • SUGGESTED POINTS

Why do students need enough sleep?

Energy

- Sleep helps our bodies rest and feel ready for the day.
- For example, we can feel less tired during morning lessons after enough sleep.

Better focus

- A rested student may find it easier to pay attention.
- For example, we can listen carefully to an explanation instead of feeling sleepy.

Less stress

- Enough rest can make daily challenges easier to handle.
- For example, we can feel calmer before a test after a proper night's sleep.

Good mood

- Sleep can help us feel less irritable.
- For example, we can speak more patienly to classmates when well rested.

Fresh mind

- Rest helps us think more clearly when learning.
- For example, we can work through a question with a clearer mind in the morning.

Healthy body

- Regular sleep is part of caring for our bodies.
- For example, we can keep a bedtime routine along with meals and activity.

MELAKA 2026 SET 8

PART 3 • SUGGESTED POINTS

27 What can students do to learn better online?

Watch videos

- A video can show a process and be replayed when needed.
- For example, watch a teacher's demonstration again after class.

Join classes

- Live lessons let students hear explanations and ask for help.
- For example, attend an online lesson and listen to the teacher.

Revise lessons

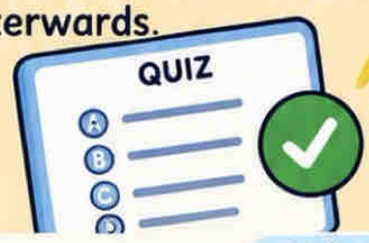
- Review helps us remember earlier learning.
- For example, go through last week's vocabulary before a quiz.

Download notes

- Saved notes can be read later without opening the class again.
- For example, save a worksheet and review it after school.

Answer quizzes

- Practice questions help us see what we understand.
- For example, try a short quiz and check mistakes afterwards.



Ask questions

- Questions help clear up parts of a lesson we do not understand.
- For example, ask the teacher to explain one step again.

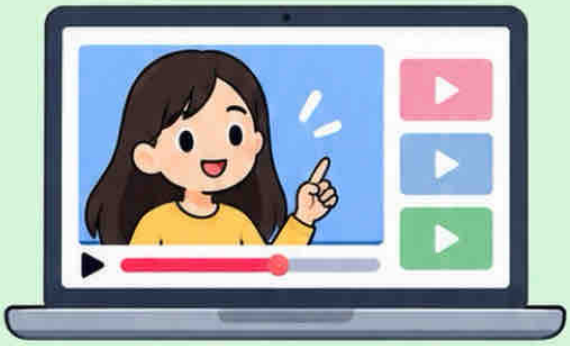
MELAKA 2026 SET 8

27

PART 3 • PAIRED DISCUSSION

What can students do to learn better online?

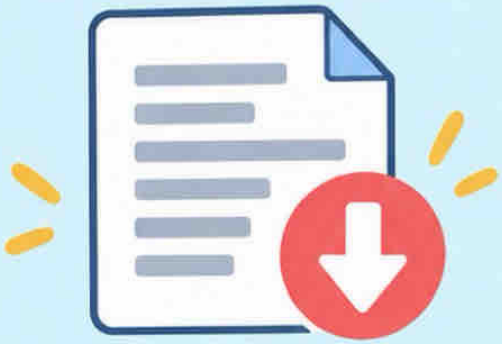
Watch videos



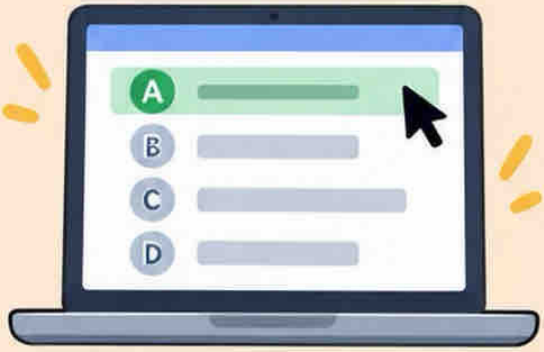
Join classes

Revise lessons

Download notes



Answer quizzes



Ask questions

MELAKA 2026 SET 7

PART 3 • MODEL DIALOGUE

TOPIC 26

Why do students need enough sleep?

ROUND 1 • DISCUSS TOGETHER

Candidate A: Hi! Let's discuss why students need enough sleep.

Candidate B: Hi! What do you think about this topic?

Candidate A: **First of all,** sleep gives us **energy.** Sleep helps our bodies rest and feel ready for the day. For example, we can feel less tired during morning lessons after enough sleep. Do you agree?

Candidate B: **Yes, I agree. Moreover,** enough sleep gives us better focus. A rested student may find it easier to pay attention. For example, we can listen carefully to an explanation instead of feeling sleepy. What do you think?

Candidate A: **Furthermore,** enough sleep helps us have less stress. It can make daily challenges easier to handle. For example, we can feel calmer before a test after a proper night's sleep. Do you agree?

Candidate B: **I agree. Another reason** is that sleep helps us have a good mood. It can make us feel less irritable. For example, we can speak more patiently to classmates when well rested. What do you think?

Candidate A: **In addition,** enough sleep gives us a **fresh mind.** Rest helps us think more clearly when learning. For example, we can work through a question with a clearer mind in the morning. Do you agree?

Candidate B: **Yes. Finally,** enough sleep helps us have a **healthy body.** Regular sleep is part of caring for our bodies. For example, we can keep a bedtime routine along with meals and activity. What do you think?

ROUND 2 • AGREE ON ONE POINT

Candidate A: We both **agree** that better focus is the most important benefit of enough sleep because students can pay attention during lessons. What do you think?

Candidate B: **I agree** with you because they are less likely to miss important instructions. Shall we end our discussion here?

Candidate A: Yes, thank you.

Candidate B: Thank you.

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TOPIC 27

MELAKA 2026 SET 8

PART 3 • MODEL DIALOGUE

What can students do to learn better online?

ROUND 1 • DISCUSS TOGETHER

Candidate A: Hi! Let's discuss how to learn better online.

Candidate B: Hi! What do you think about this topic?

Candidate A: First of all, we can watch videos. A video can show a process and be replayed when needed. For example, we can watch a teacher's demonstration again after class. Do you agree?

Candidate B: Yes, I agree. Moreover, we can join classes. Live lessons let students hear explanations and ask for help. For example, we can attend an online lesson and listen to the teacher. What do you think?

Candidate A: Furthermore, we can revise lessons. Review helps us remember earlier learning. For example, we can go through last week's vocabulary before a quiz. Do you agree?

Candidate B: I agree. Another way is to download notes. Saved notes can be read later without opening the class again. For example, we can save a worksheet and review it after school. What do you think?

Candidate A: In addition, we can answer quizzes. Practice questions help us see what we understand. For example, we can try a short quiz and check mistakes afterwards. Do you agree?

Candidate B: Yes. Finally, we can ask questions. Questions help clear up parts of a lesson we do not understand. For example, someone may ask the teacher to explain one step again. That's all from us. Thank you.

ROUND 2 • AGREE ON ONE POINT

Candidate A: We both agree that asking questions is the best way to learn better online because we can get help with parts we do not understand. What do you think?

Candidate B: I agree with you because the teacher can explain a difficult step again. Shall we end our discussion here?

Candidate A: Yes, thank you.

Candidate B: Thank you.