SPM SPEAKING • PART 3

PAHANG 2026

QUESTIONS

1. Why do teenagers need to manage their time well?
2. How can teenagers save the environment?
3. Why saving money is important to teenagers?
4. Why should people travel while they are young?
5. What activities teenagers can do to earn pocket money?
6. What are the reasons people choose public transport?

Questions • Points • Dialogues

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PAHANG 2026 SET 1

PART 3 • PAIRED DISCUSSION

Topic 32

Why do teenagers need to manage their time well?

Goals

Reduce stress

Productive

Balanced life

Focus

Be more disciplined

PAHANG 2026 SET 1

32 Why do teenagers need to manage their time well?

PART 3 • SUGGESTED POINTS

Goals

- Managing time helps us take steps towards things we want to achieve.
- For example, plan regular practice before a speaking test.

Reduce stress

- A clear plan can reduce last-minute worries.
- For example, finish a project gradually rather than the night before.

Productive

- We can complete more useful work with less wasted time.
- For example, use a short study session for one clear task.

Balanced life

- Planning makes room for school, rest and enjoyable activities.
- For example, schedule homework, a hobby and enough sleep.

Focus

- Setting time for a task helps us pay attention to it.
- For example, put away a phone during planned revision time.

Be more disciplined

- A routine helps us follow through even when we feel distracted.
- For example, begin homework at a regular time each day.

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PAHANG 2026 SET 2

PART 3 • SUGGESTED POINTS

33. How can teenagers save the environment?

Shopping bag

- A reusable bag reduces the need for new plastic bags.
- For example, take a cloth bag when buying groceries.

Clean-up activity

- Removing litter keeps shared places cleaner.
- For example, join a safe school clean-up with teachers.

Recycle

- Recycling gives old materials another use instead of wasting them.
- For example, collect used paper for a recycling centre.

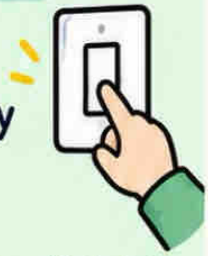
Plant more trees

- Trees provide shade and homes for some living things.
- For example, join a supervised planting activity with suitable local trees.

Use reusable items

- Using an item many times reduces disposable waste.
- For example, carry a clean reusable bottle to school.

Save electricity



- Using less energy reduces unnecessary resource use.
- For example, switch off lights when leaving an empty room.

PAHANG 2026 SET 2

Topic 33

PART 3 • PAIRED DISCUSSION

How can teenagers save the environment?

Shopping bag

Clean-up activity

Recycle

Plant more trees

Use reusable items

Save electricity

PAHANG 2026 SET 1

TOPIC 32

Why do teenagers need to manage their time well?

PART 3 • MODEL DIALOGUE

ROUND 1 • DISCUSS TOGETHER

Candidate A: Hi! Let's discuss why teenagers need to manage their time well.

Candidate B: Hi! What do you think about this topic?

Candidate A: **First of all,** managing time helps us take steps towards our goals. For example, we can plan regular practice before a speaking test. Do you agree?

Candidate B: **Yes, I agree. Moreover,** a clear plan can reduce last-minute worries. For example, we can finish a project gradually rather than the night before. What do you think?

Candidate A: **Furthermore,** we can complete more useful work with less wasted time. For example, we can use a short study session for one clear task. Do you agree?

Candidate B: **I agree. Another reason** is that planning makes room for school, rest and enjoyable activities. For example, we can schedule homework, a hobby and enough sleep. What do you think?

Candidate A: **In addition,** setting time for a task helps us pay attention to it. For example, we can put away a phone during planned revision time. Do you agree?

Candidate B: **Yes. Finally,** a routine helps us follow through even when we feel distracted. For example, we can begin homework at a regular time each day. That's all from us. Thank you.

ROUND 2 • AGREE ON ONE POINT

Candidate A: We both agree that a balanced life is the most important benefit of managing time well because we can make room for schoolwork and rest. What do you think?

Candidate B: I agree with you because we still have time for hobbies and family. Shall we end our discussion here?

Candidate A: Yes, thank you.

Candidate B: Thank you.

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PAHANG 2026 SET 2

PART 3 • MODEL DIALOGUE

Small Actions Brighter Tomorrow

33 How can teenagers save the environment?

ROUND 1 • DISCUSS TOGETHER

Candidate A: Hi! Let's discuss ways teenagers can help the environment.

Candidate B: Hi! What do you think about this topic?

Candidate A: First of all, using a shopping bag helps reduce the need for new plastic bags. For example, we can take a cloth bag when buying groceries. Do you agree?

Candidate B: Yes, I agree. Moreover, joining a clean-up activity helps keep shared places cleaner. For example, we can join a safe school clean-up with teachers. What do you think?

Candidate A: **Furthermore,** recycling gives old materials another use instead of wasting them. For example, we can collect used paper for a recycling centre. Do you agree?

Candidate B: I agree. Another way is to plant more trees. Trees provide shade and homes for some living things. For example, we can join a supervised planting activity with suitable local trees. What do you think?

Candidate A: **In addition,** using reusable items reduces disposable waste. For example, we can carry a clean reusable bottle to school. Do you agree?

Candidate B: Yes. **Finally,** using less electricity reduces unnecessary resource use. For example, we can switch off lights when leaving an empty room. What do you think?

ROUND 2 • AGREE ON ONE POINT

Candidate A: We both agree that using reusable items is the best everyday way to help the environment because it reduces the waste we throw away. What do you think?

Candidate B: I agree with you because a reusable bottle or bag can be used many times. Shall we end our discussion here?

Candidate A: Yes, thank you.

Candidate B: Thank you.

PAHANG 2026 SET 3

TOPIC 34

Why saving money is important to teenagers?

PART 3 • MODEL DIALOGUE

ROUND 1 • DISCUSS TOGETHER

Candidate A Hi! Let's talk about why saving money is important to teenagers.

Candidate B Hi! What do you think about this topic?

Candidate A **First of all,** savings can help when an unexpected need appears. For example, we can use saved money to replace a broken school item. Do you agree?

Candidate B **Yes, I agree.** Saving lets us pay for needed items without constant requests. For example, we can save gradually for a new school bag. What do you think?

Candidate A **Furthermore,** regular saving teaches us to follow a simple plan. For example, we can put aside a little money each week. Do you agree?

Candidate B **I agree.** Money saved now can support later needs. For example, we can keep some money for future studies or transport. What do you think?

Candidate A **In addition,** a small planned treat can recognise our effort. For example, we can buy a modest book after reaching a savings goal. Do you agree?

Candidate B **Finally,** learning often involves costs that savings can help meet. For example, we can save for stationery or a useful workbook. What do you think?

ROUND 2 • AGREE ON ONE POINT

Candidate A We both agree that being ready for an emergency is the most important reason to save money because unexpected needs can appear at any time. What do you think?

Candidate B **I agree with you** because we can replace an essential school item without a long wait. Shall we end our discussion here?

Candidate A Yes, thank you.

Candidate B Thank you.

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PAHANG 2026 SET 3

34 Why saving money is important to teenagers?

PART 3 • SUGGESTED POINTS

Emergency

- Savings can help when an unexpected need appears.
- For example, we can use saved money to replace a broken school item.

Buy things

- Saving lets us pay for needed items without constant requests.
- For example, we can save gradually for a new school bag.

Be more disciplined

- Regular saving teaches us to follow a simple plan.
- For example, we can put aside a little money each week.

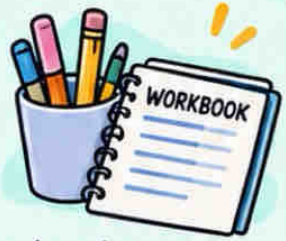
Prepare for the future

- Money saved now can support later needs.
- For example, we can keep some money for future studies or transport.

Self-reward

- A small planned treat can recognise our effort.
- For example, we can buy a modest book after reaching a savings goal.

Study



- Learning often involves costs that savings can help meet.
- For example, we can save for stationery or a useful workbook.

PAHANG 2026 SET 3

PART 3 • PAIRED DISCUSSION

34 Why saving money is important to teenagers?

Emergency

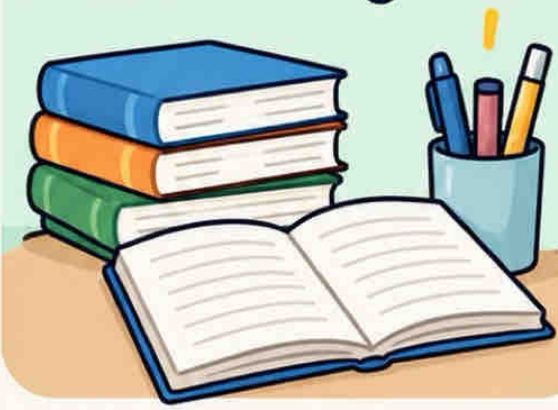
Buy things

Be more disciplined

Prepare for the future

Self-reward

Study



PAHANG 2026 SET 4

PART 3 • PAIRED DISCUSSION

TOPIC 35

Why should people travel while they are young?

Experience new cultures

Explore new places

Build confidence

Job opportunities

Learn new languages

Create memories

PAHANG 2026 SET 4

TOPIC 35

Why should people travel while they are young?

PART 3 • SUGGESTED POINTS

Experience new cultures

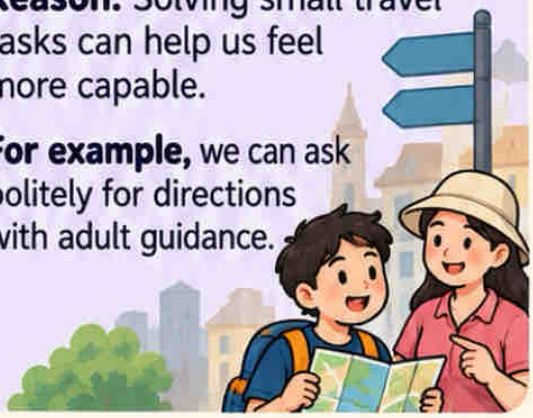
- **Reason:** Travel helps young people see different ways of living.
- **For example,** we can learn how a community celebrates a festival.

Explore new places

- **Reason:** New surroundings can make us curious and interested in learning.
- **For example,** we can visit a museum in a town we have not seen before.

Build confidence

- **Reason:** Solving small travel tasks can help us feel more capable.
- **For example,** we can ask politely for directions with adult guidance.



Job opportunities

- **Reason:** Travel can introduce work and skills we did not know about.
- **For example,** we can learn about tourism jobs during a guided visit.

Learn new languages

- **Reason:** Hearing another language can encourage us to practise.
- **For example,** we can learn a few useful greetings before a trip.

Create memories

- **Reason:** Shared experiences giwe us moments to remember.
- **For example,** we can take family photos after visiting an interesting place.

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PAHANG 2026 SET 5

36 What activities teenagers can do to earn pocket money?

PART 3 • SUGGESTED POINTS

Running errands

- Small safe jobs can help adults and earn a little money.
- For example, we can help a known neighbour carry light groceries with family approval.

Having a part-time job

- Short suitable work can give teenagers experience and earnings.
- For example, we can help a family business during a school holiday.

Planting vegetables

- Growing food may produce items that can be sold.
- For example, we can sell extra herbs grown with an adult at home.

Tutoring classmates

- Students can share skills they understand well.
- For example, we can help a younger learner practise simple English with adult guidance.

Babysitting children

- Responsible supervised help can support a family with childcare.
- For example, we can assist a known adult in watching a younger child.

Delivering food or product

- Helping with safe deliveries can support a small business.
- For example, we can accompany a parent delivering homenade snacks nearby.

PAHANG 2026 SET 5

PART 3 • PAIRED DISCUSSION

36

What activities teenagers can do to earn pocket money?

Running errands

Having a part-time job

Planting vegetables

Tutoring classmates

Babysitting children

Delivering food or product

PAHANG 2026 SET 4

Topic 35

Why should people travel while they are young?

PART 3 • MODEL DIALOGUE

ROUND 1 • DISCUSS TOGETHER

Candidate A: Hi! Let's discuss the benefits of travelling while we are young.

Candidate B: Hi! What do you think about this topic?

Candidate A: **First of all,** travel helps young people **experience new cultures** and see different ways of living. For example, we can learn how a community celebrates a festival. Do you agree?

Candidate B: **Yes, I agree. Moreover,** travelling lets us **explore new places** and can make us curious and interested in learning. For example, we can visit a museum in a town we have not seen before. What do you think?

Candidate A: **Furthermore,** travel can help us **build confidence** because solving small travel tasks can make us feel more capable. For example, we can ask politely for directions with adult guidance. Do you agree?

Candidate B: **I agree. Another reason** is that travel can introduce **job opportunities** and work we did not know about. For example, we can learn about tourism jobs during a guided visit. What do you think?

Candidate A: **In addition,** hearing another language can encourage us to **learn new languages** and practise. For example, we can learn a few useful greetings before a trip. Do you agree?

Candidate B: **Yes. Finally,** travel helps us **create memories** because shared experiences give us moments to remember. For example, we can take family photos after visiting an interesting place. That's all from us. Thank you.

ROUND 2 • AGREE ON ONE POINT

Candidate A: We **both agree** that **building confidence** is the most important benefit of travelling while young because solving small travel tasks helps us feel more capable. What do you think?

Candidate B: **I agree** with you because we learn to ask for help and make sensible decisions. Shall we end our discussion here?

Candidate A: Yes, thank you.

Candidate B: Thank you.

PAHANG 2026 SET 5

PART 3 • MODEL DIALOGUE

Topic 36 What activities teenagers can do to earn pocket money?

ROUND 1 • DISCUSS TOGETHER

Candidate A: Hi! Let's talk about what activities teenagers can do to earn pocket money.

Candidate B: Hi! What do you think about this topic?

1 **Candidate A:** First of all, running errands is a simple activity. Small safe jobs can help adults and earn a little money. For example, we can help a known neighbour carry light groceries with family approval. Do you agree?

2 **Candidate B:** Yes, I agree. Moreover, having a part-time job can give teenagers experience and earnings. For example, we can help a family business during a school holiday. What do you think?

3 **Candidate A:** Furthermore, planting vegetables may produce items that can be sold. For example, we can sell extra herbs grown with an adult at home. Do you agree?

4 **Candidate B:** I agree. Tutoring classmates is a good way to earn pocket money because students can share skills they understand well. For example, we can help a younger learner practise simple English with adult guidance. What do you think?

5 **Candidate A:** Another reason is babysitting children. Responsible supervised help can support a family with childcare. For example, we can assist a known adult in watching a younger child. Do you agree?

6 **Candidate B:** Yes. Finally, delivering food or product can support a small business. For example, someone may accompany a parent delivering homemade snacks nearby. That's all from us. Thank you.

ROUND 2 • AGREE ON ONE POINT

Candidate A: We both agree that tutoring classmates is a good way for teenagers to earn pocket money because we can share a subject we understand well. What do you think?

Candidate B: I agree with you because teaching someone helps us revise our own learning too. Shall we end our discussion here?

Candidate A: Yes, thank you.

Candidate B: Thank you.

PAHANG 2026 SET 6

PART 3 • MODEL DIALOGUE

TOPIC 37 What are the reasons people choose public transport?

ROUND 1 • DISCUSS TOGETHER

Candidate A: Hi! Let's discuss why people choose public transport.

Candidate B: Hi! What do you think about this topic?

Candidate A: First of all, **public transport can save money.** Public transport may cost less than driving and parking. For example, we can take a bus instead of paying a parking fee. Do you agree?

Candidate B: Yes, I agree. Moreover, **passengers can travel comfortably.** Passengers can sit and rest instead of driving. For example, we can relax on a train during a journey. What do you think?

Candidate A: Furthermore, **people may choose public transport for safety.** A well-run service gives passengers another way to travel. For example, we can choose a safe, familiar route rather than drive while tired. Do you agree?

Candidate B: I agree. Another reason is that **trains can save time.**. Some services avoid busy road traffic. For example, we can use a train for a route with long traffic jams. What do you think?

Candidate A: In addition, **convenient stops make travelling easier.** People choose transport that reaches the places they need. For example, we can use a bus whose stop is close to school. Do you agree?

Candidate B: Yes. Finally, **public transport can help the environment.** Shared transport can reduce the number of cars on roads. For example, someone may travel with other passengers instead of in separate cars. That's all from us. Thank you.

ROUND 2 • AGREE ON ONE POINT

Candidate A: We both agree that cost is the most important reason to choose public transport because bus or train fares may cost less than driving. What do you think?

Candidate B: I agree with you because passengers can avoid paying for parking. Shall we end our discussion here?

Candidate A: Yes, thank you.

Candidate B: Thank you.

PAHANG 2026 SET 6

Topic 37

What are the reasons people choose public transport?

PART 3 • SUGGESTED POINTS

Cost

- Public transport may cost less than driving and parking.
- For example, we can take a bus instead of paying a parking fee.

Comfort

- Passengers can sit and rest instead of driving.
- For example, we can relax on a train during a journey.

Safety

- A well-run service gives passengers another way to travel.
- For example, we can choose a safe, familiar route rather than drive while tired.

Time

- Some services avoid busy road traffic.
- For example, we can use a train for a route with long traffic jams.

Location

- People choose transport that reaches the places they need.
- For example, we can use a bus whose stop is close to school.

Environment

- Shared transport can reduce the number of cars on roads.
- For example, we can travel with other passengers instead of in separate cars.

PAHANG 2026 SET 6

PART 3 • PAIRED DISCUSSION

37

What are the reasons people choose public transport?

Cost

Comfort

Safety

Time

Location

Environment