

PERLIS 2026



QUESTIONS



1

Things that teenagers spend their money on

2

How to strengthen a friendship

3

Reasons people eat fruits and vegetables

4

Reasons why people prefer cashless transactions

5

Reasons people overspend at food festivals



Questions • Points • Dialogues

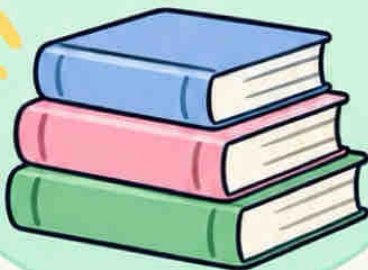
@friendlyteacherndoor



PART 3 • DISCUSS TOGETHER

Things that teenagers spend their money on

Books



Gadget



What do teenagers spend their money on?

Food and drinks



Fashion



Music



Skincare products



PART 3 • DISCUSS TOGETHER

Be truthful



Be a good listener



Be respectful



How to strengthen a friendship?

Be supportive



Be honest



Spend quality time



PART 3 • MODEL DIALOGUE**Things that teenagers spend their money on****ROUND 1 • DISCUSS TOGETHER**

Hi! Let's discuss things teenagers spend their money on.



Hi! What do you think about this topic?



First of all, teenagers buy books for learning and enjoyment. For example, we may buy a workbook or a storybook. Do you agree?



Yes, I agree. Moreover, a gadget can help us study and keep in touch. For example, we may save up for a suitable phone. What do you think?



Yes, you're right. Furthermore, we use part of our pocket money for daily meals. For example, we may pay for lunch and water at school. Do you agree?



I agree. Another point is that teenagers buy clothes that suit their needs and style. For example, we may buy a comfortable shirt within our budget. What do you think?



In addition, some teenagers pay to enjoy their favourite music. For example, we may choose an affordable music subscription. Do you agree?



Yes. Finally, some teenagers buy products for basic skin care. For example, we may choose a gentle cleanser with a parent's advice. That's all from us. Thank you.

**ROUND 2 • AGREE ON ONE POINT**

We both agree that spending on food and drinks is most important because we need regular meals during the school day. What do you think?



I agree with you because having enough money for lunch helps us meet a daily need. Shall we end our discussion here?



Yes, thank you.



Thank you.



PART 3 • SUGGESTED POINTS

Things that teenagers spend their money on

1 Books

Reason: Teenagers buy books for learning and enjoyment.

Example: We may buy a workbook or a storybook.



2 Gadget

Reason: A gadget can help us study and keep in touch.

Example: We may save up for a suitable phone.



3 Food and drinks

Reason: We use part of our pocket money for daily meals.

Example: We may pay for lunch and water at school.



4 Fashion

Reason: Teenagers buy clothes that suit their needs and style.

Example: We may buy a comfortable shirt within our budget.



5 Music

Reason: Some teenagers pay to enjoy their favourite music.

Example: We may choose an affordable music subscription.



6 Skincare products

Reason: Some teenagers buy products for basic skin care.

Example: We may choose a gentle cleanser with a parent's advice.



How to strengthen a friendship

1

Be truthful

Reason:

Telling the truth helps friends trust us.



Example:

We can admit it when we make a mistake.

2

Be a good listener

Reason:

Listening shows that our friend's feelings matter.



Example:

We can let a friend finish talking about a worry.

3

Be respectful

Reason:

Respect helps friends feel comfortable even when they disagree.



Example:

We can disagree politely instead of making fun of someone.

4

Be supportive

Reason:

Encouragement helps friends through difficult times.



Example:

We can practise together before a speaking test.

5

Be honest

Reason:

Honest advice can help a friend make a better choice.



Example:

We can kindly explain why a plan may be unsafe.

6

Spend quality time

Reason:

Spending time together helps us know each other better.



Example:

We can take a walk and talk without checking our phones.

PART 3 • SUGGESTED POINTS

Reasons people eat fruits and vegetables

1 Contain vitamins and minerals

Reason:

Fruit and vegetables provide nutrients our bodies need.


Example:

We can add different vegetables to our lunch.

2 Improve digestion

Reason:

Many fruits and vegetables contain fibre that supports digestion.


Example:

We can choose whole fruit as part of a balanced diet.

3 Maintain healthy weight

Reason:

Fruit and vegetables can be part of healthy eating habits.


Example:

We can include vegetables in a balanced meal.

4 Body strong and active

Reason:

Nutritious food helps our bodies cope with daily activities.


Example:

We can eat a varied meal before a busy school day.

5 Affordable and easily available

Reason:

Local fruit and vegetables can be easy to find and affordable.


Example:

We can buy seasonal fruit at a nearby market.

6 Boost immune system

Reason:

A varied diet gives us nutrients that support our immune system.


Example:

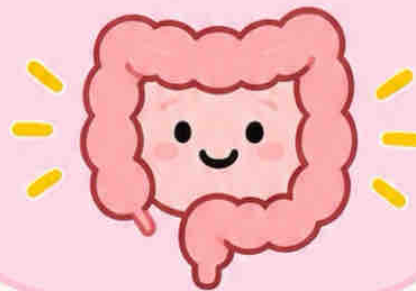
We can eat different fruits and vegetables with other healthy foods.

PART 3 • DISCUSS TOGETHER

**Contain
vitamins and
minerals**



**Improve
digestion**



**Maintain
healthy
weight**



**Reasons
people eat
fruits and
vegetables**

**Body
strong and
active**



**Affordable
and easily
available**



**Boost
immune
system**



PART 3 • MODEL DIALOGUE
How to strengthen a friendship
ROUND 1 • DISCUSS TOGETHER


Hi! Let's discuss ways to strengthen a friendship.



Hi! What do you think about this topic?



First of all, telling the truth helps friends trust us. For example, we can admit it when we make a mistake. Do you agree?



Yes, I agree. Moreover, listening shows that our friend's feelings matter. For example, we can let a friend finish talking about a worry. What do you think?



Yes, you're right. Furthermore, respect helps friends feel comfortable even when they disagree. For example, we can disagree politely instead of making fun of someone. Do you agree?



I agree. Another point is that encouragement helps friends through difficult times. For example, we can practise together before a speaking test. What do you think?



In addition, honest advice can help a friend make a better choice. For example, we can kindly explain why a plan may be unsafe. Do you agree?



Yes. Finally, spending time together helps us know each other better. For example, we can take a walk and talk without checking our phones. That's all from us. Thank you.


ROUND 2 • AGREE ON ONE POINT


We both agree that being a good listener is the best way to strengthen a friendship because our friends feel heard and understood. What do you think?



I agree with you because listening helps us know when a friend needs support. Shall we end our discussion here?



Yes, thank you.



Thank you.



PART 3 • MODEL DIALOGUE

Reasons people eat fruits and vegetables

ROUND 1 • DISCUSS TOGETHER



A

Hi! Let's discuss reasons people eat fruits and vegetables.



B

Hi! What do you think about this topic?



A

First of all, fruit and vegetables provide nutrients our bodies need. For example, we can add different vegetables to our lunch. Do you agree?



B

Yes, I agree. Moreover, many fruits and vegetables contain fibre that supports digestion. For example, we can choose whole fruit as part of a balanced diet. What do you think?



A

Yes, you're right. Furthermore, fruit and vegetables can be part of healthy eating habits. For example, we can include vegetables in a balanced meal. Do you agree?



B

I agree. Another point is that nutritious food helps our bodies cope with daily activities. For example, we can eat a varied meal before a busy school day. What do you think?



A

In addition, local fruit and vegetables can be easy to find and affordable. For example, we can buy seasonal fruit at a nearby market. Do you agree?



B

Yes. Finally, a varied diet gives us nutrients that support our immune system. For example, we can eat different fruits and vegetables with other healthy foods. That's all from us. Thank you.



ROUND 2 • AGREE ON ONE POINT



A

We both agree that getting vitamins and minerals is the most important reason to eat fruits and vegetables because our bodies need a range of nutrients. What do you think?



B

I agree with you because eating a variety helps us get different vitamins and minerals. Shall we end our discussion here?



A

Yes, thank you.

B

Thank you.

PART 3 • DISCUSS TOGETHER

**Fast and
easy payment**



**No cash
needed**



**Contactless
payment**



**Reasons why
people prefer
cashless
transactions**

**Easy to
keep track**



**Accepted
everywhere**



**Safer
than cash**





PART 3 • SUGGESTED POINTS

Reasons people overspend at food festivals

1

Attractive displays

Reason:

Colourful food displays make people want to buy more.

Example:

Someone may buy another dessert after seeing a pretty stall.



2

Promotions

Reason:

Special offers can encourage people to buy extra food.

Example:

Someone may buy more drinks because of a bundle offer.



3

Emotional excitement

Reason:

People may forget their spending limit when they feel excited.

Example:

Someone may order many snacks while enjoying the festival.



4

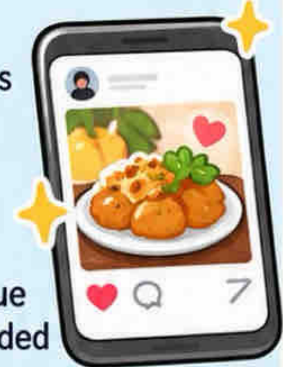
Social media influences

Reason:

Popular online posts make some dishes seem worth trying.

Example:

Someone may queue for food recommended by an influencer.



5

No clear budget

Reason:

Small purchases add up when people do not set a limit.

Example:

Someone may visit many stalls without checking the total.



6

Limited time offers

Reason:

People may rush to buy because they fear missing a deal.

Example:

Someone may buy food after seeing a short promotion.



PART 3 • DISCUSS TOGETHER

Reasons people overspend at food festivals

Attractive displays



Promotions



Emotional excitement



Why do people overspend at food festivals?

Social media influences



No clear budget



Limited time offers



PART 3 • MODEL DIALOGUE

Reasons why people prefer cashless transactions

ROUND 1 • DISCUSS TOGETHER



A Hi! Let's discuss reasons people prefer cashless transactions.



B Hi! What do you think about this topic?



A First of all, cashless payments can make paying quicker. For example, we can scan a shop's code and check the amount. Do you agree?



B Yes, I agree. Moreover, we do not need to carry many notes and coins. For example, we can use an e-wallet at a shop that accepts it. What do you think?



A Yes, you're right. Furthermore, some payments can be made without handling money. For example, we can tap an accepted card at the counter. Do you agree?



B I agree. Another point is that payment records help us see how much we spend. For example, we can check our transactions when planning a budget. What do you think?



A In addition, people find cashless payments useful when many shops accept them. For example, we can look for the supported payment sign at a shop. Do you agree?



B Yes. Finally, carrying less cash can reduce the risk of losing it. For example, we can carry a small cash amount and protect our account details. That's all from us. Thank you.



ROUND 2 • AGREE ON ONE POINT



A We both agree that keeping track of spending is the biggest benefit of cashless payments because we can see where our money goes. What do you think?



B I agree with you because checking our payment records helps us plan our spending. Shall we end our discussion here?



A Yes, thank you.



B Thank you.

Reasons why people prefer cashless transactions

1 Fast and easy payment

Reason:

Cashless payments can make paying quicker.



Example: We can scan a shop's code and check the amount.

2 No cash needed

Reason:

We do not need to carry many notes and coins.



Example: We can use an e-wallet at a shop that accepts it.

3 Contactless payment

Reason:

Some payments can be made without handling money.

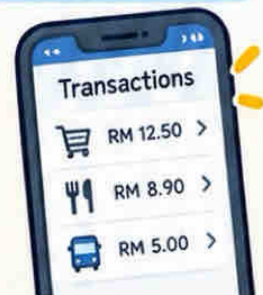


Example: We can tap an accepted card at the counter.

4 Easy to keep track

Reason:

Payment records help us see how much we spend.



Example: We can check our transactions when planning a budget.

5 Accepted everywhere

Reason:

People find cashless payments useful when many shops accept them.



Example: We can look for the supported payment sign at a shop.

6 Safer than cash

Reason:

Carrying less cash can reduce the risk of losing it.



Example: We can carry a small cash amount and protect our account details.

PART 3 • MODEL DIALOGUE

Reasons people overspend at food festivals



ROUND 1 • DISCUSS TOGETHER

A


Hi! Let's discuss reasons people overspend at food festivals.

B


Hi! What do you think about this topic?

A


First of all, colourful food displays make people want to buy more. For example, someone may buy another dessert after seeing a pretty stall. Do you agree?


B


Yes, I agree. Moreover, special offers can encourage people to buy extra food. For example, someone may buy more drinks because of a bundle offer. What do you think?


A


Yes, you're right. Furthermore, people may forget their spending limit when they feel excited. For example, someone may order many snacks while enjoying the festival. Do you agree?


B


I agree. Another point is that popular online posts make some dishes seem worth trying. For example, someone may queue for food recommended by an influencer. What do you think?


A


In addition, small purchases add up when people do not set a limit. For example, someone may visit many stalls without checking the total. Do you agree?


B


Yes. Finally, people may rush to buy because they fear missing a deal. For example, someone may buy food after seeing a short promotion. That's all from us. Thank you.



ROUND 2 • AGREE ON ONE POINT

A


We both agree that having no clear budget is the main reason people overspend at food festivals because people may not notice how much they have spent. What do you think?


B


I agree with you because setting a limit helps people decide what they can afford. Shall we end our discussion here?


A


Yes, thank you.

B


Thank you.