
TARGET TOPICS FOR
SPEAKING
SPM 2026
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SPM 2026 !

WHY IS AI IMPORTANT IN THE FUTURE?

IMPROVES COMMUNICATION

Main Idea: AI helps people communicate more effectively.



- AI translation tools allow people from different countries to understand each other.
- AI can assist users in writing emails, messages and reports.
- Students can use translation tools to communicate with international friends.
- It connects people and reduces language barriers.

ENHANCES CREATIVITY

Main Idea: AI helps people become more creative by generating new ideas and inspiration.



- AI can suggest ideas for projects, presentations and creative work.
- It allows users to explore different designs, stories and solutions quickly.
- A student can use AI to generate ideas for a school poster or English presentation.
- It encourages innovation and helps people think more creatively.

SOLVES PROBLEM

Main Idea: AI can help solve problems faster and more efficiently.



- It can analyse large amounts of information in a short time.
- AI can suggest solutions based on data and previous experiences.
- Students can use AI tools to understand difficult Mathematics or Science questions.
- It saves time and improves decision-making.

REDUCES HUMAN ERRORS

Main Idea: AI helps reduce mistakes in important tasks.



- Machines can perform repetitive tasks more accurately than humans.
- AI can check information and identify errors quickly.
- AI can help detect mistakes in reports or calculations.
- It increases accuracy and reliability.

BETTER HEALTHCARE

Main Idea: AI improves healthcare services and medical treatment.



- AI helps doctors detect diseases earlier.
- It can analyse medical records quickly and accurately.
- AI systems can help identify health problems through medical scans.
- It can improve patients' health and save lives.

SUPPORTS LEARNING

Main Idea: AI makes learning easier and more personalised.



- Students can receive explanations based on their learning level.
- AI provides quick access to educational resources and information.
- A Form 5 student can use AI to revise SPM topics and practise speaking skills.
- It helps students learn more effectively.

AI BUILDS A SMARTER, MORE CONNECTED AND MORE INNOVATIVE FUTURE!

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WHY DO TEENAGERS JOIN VOLUNTEER WORK?



CONNECTION

- They can work with students from other schools or people from the local community.
- These connections can lead to new friendships and useful experiences.



KINDNESS

- Helping people teaches them to think about other people's feelings.
- It encourages them to help others without expecting something in return.



BE POSITIVE

- It teaches teenagers to focus on helping others instead of only thinking about themselves.
- Positive experiences can make them feel happier and more grateful.



LEADERSHIP SKILLS

- They may have to organise activities, divide tasks and make decisions.
- They learn how to guide others and take responsibility for their actions.



HELP THE NEEDY

- They can provide practical help to elderly people, poor families or disaster victims.
- Helping others allows teenagers to understand the difficulties faced by different people.



NEW SKILLS

- They can learn how to communicate with different people and solve simple problems.
- These skills can be useful for their studies and future.

HOTS QUESTION



Point: I mostly agree because volunteering gives teenagers real-life experiences.

Reason: These experiences can change the way they think and help them become more open-minded.

Example: For example, helping poor families may make teenagers more grateful for what they have.

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HOW CAN TEENAGERS SAVE THE ENVIRONMENT?



BRING OWN SHOPPING BAG

- Teenagers should carry reusable bags whenever they go shopping.
- Reduce the usage of single-use plastic bags.
- Practicing eco-friendly habits lower plastic waste in daily life.



CLEAN-UP ACTIVITY

- Participate in local cleaning events.
- Raise community awareness and encourage teamwork.
- Keep the public environments safe and clean.



PLANT MORE TREES

- Take initiative to plant flora in home gardens, schools or community spaces.
- Improve air quality and help cooling down local temperature.
- Create natural habitats for birds and small animals.



RECYCLE

- Separate waste items so that they can be processed and reused.
- Prevent recycling materials from being waste.
- Sort recycling materials according to the respective coloured bins.
- Prevent landfill from overflowing.



USE REUSABLE ITEMS

- Use items that are last long.
- Avoid using disposable plastic containers.
- Use BPA-free containers free from harmful chemical and prevents toxic microplastics from polluting the environment.



SAVE ELECTRICITY

- Reduce the usage of fossil fuel thus, lowering carbon emissions.
- Save money on monthly power bills.
- Switch off lights, fans and air conditioners when leaving the room.

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HOW TO STAY SAFE FROM EXTREMELY HOT WEATHER?



SUNBLOCK

- We should apply sunblock before going outside, especially when the weather is extremely hot.
- Sunblock can protect our skin from harmful UV rays and reduce the risk of sunburn.



FIND SHADES

- When we need to go outside, we should look for a shady place such as under a tree or a shelter.
- This can help us avoid direct sunlight and reduce our exposure to extreme heat.



SUITABLE CLOTHES

- We should wear loose, light-coloured and breathable clothes when the weather is hot.
- These clothes allow air to circulate and help our bodies stay cool and comfortable.



SHOWER FREQUENTLY

- We can take a cool shower when we feel hot or uncomfortable.
- It helps to lower our body temperature, refresh our bodies and make us feel more comfortable.



STAY INDOORS

- We should stay indoors during the hottest hours of the day, especially in the afternoon.
- Staying in a cool place can help us avoid excessive heat and direct sunlight.



ENOUGH WATER

- We should drink plenty of water throughout the day, even when we do not feel thirsty.
- This helps us stay hydrated, prevents dehydration and keeps our bodies cool.

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HOW TO STRENGTHEN A FRIENDSHIP

BE TRUTHFUL



- Tell your friends the truth, even when it may be difficult.
- This helps them trust us and avoid misunderstandings.
- For example, we can give our friend honest advice when they ask for our opinion.
- As a result, the friendship becomes stronger and more genuine.

BE A GOOD LISTENER



- Listen carefully when our friends are talking about their problems.
- It shows that we care about their feelings and value what they have to say.
- For example, we can listen to a friend who is stressed about an upcoming exam.
- This makes them feel understood and supported.

BE SUPPORTIVE



- Always encourage our friends when they are going through difficult situations.
- Our support can give them confidence and motivation to keep going.
- For example, we can encourage a friend who gets a low mark in a test instead of judging them.
- Therefore, they will feel that they are not facing their problems alone.

BE RESPECTFUL



- Respect our friends' opinions, feelings and personal boundaries.
- Everyone is different, so we should learn to accept their differences.
- For example, we should respect our friend's opinion even when it is different from ours.
- This creates a comfortable and healthy friendship.

BE HONEST



- Be open about our feelings and opinions with our friends.
- This allows us to solve problems early instead of keeping them to ourselves.
- For example, if our friend's actions hurt us, we can calmly tell them how we feel.
- In this way, we can prevent small problems from becoming bigger conflicts.

SPEND QUALITY TIME



- Spend meaningful time together instead of only communicating online.
- Doing activities together allows friends to bond and create memories.
- For example, we can study together, have lunch or play sports after school.
- This helps us stay close even when we become busy.

HOTS QUESTION

How far do you agree that true friendship can last a lifetime?

Answer: I strongly agree that true friendship can last a lifetime. This is because genuine friends remain supportive even when they live far apart or have different lifestyles. For example, two school friends may continue contacting each other through social media after finishing SPM, even if they study in different states.

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THINGS TEENAGERS SPEND THEIR MONEY ON



BOOKS

- Buy meals, snacks and drinks when spending time with friends.
- Provide energy for studying and daily activities.
- Allow teenagers to enjoy their favourite food as a form of relaxation.



GADGET

- Buy useful devices such as smartphones, tablets and headphones.
- Help teenagers communicate with friends and family.
- Support online learning and completing school assignments.





MUSIC

- Spend money on music streaming subscriptions or music-related items.
- Allow teenagers to enjoy their favourite songs anytime.
- Help them relax after studying or completing schoolwork.





FASHION

- Purchase suitable outfits for school events and social activities.
- Keep up with current fashion trends.
- Make teenagers feel more confident and comfortable.



FOOD AND DRINKS

- Buy meals, snacks and drinks when spending time with friends.
- Provide energy for studying and daily activities.
- Allow teenagers to enjoy their favourite food as a form of relaxation.





SKINCARE PRODUCTS

- Help teenagers maintain good personal hygiene.
- Protect the skin from problems such as dryness and sun damage.
- Encourage teenagers to develop a healthy skincare routine.

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HOW DOES TECHNOLOGY IMPROVE OUR LIVES?



EDUCATION

- Technology provides students with instant access to educational resources, enabling them to broaden their knowledge and enhance their learning experience.



COMMUNICATION

- Modern technology facilitates seamless communication, allowing people to exchange information instantly regardless of geographical distance or time differences.



TRAVELLING

- Technology makes travelling more convenient and efficient through navigation applications, online bookings and digital maps that help travellers plan their journeys.



BUSINESS

- Technology enables businesses to streamline operations, reach a wider audience and enhance productivity through digital platforms, online marketing and automated systems.



TRANSPORTATION

- Technological advancements have revolutionised transportation systems, making journeys faster, safer and more efficient through navigation systems and innovative vehicles.



ENTERTAINMENT

- Technology offers a vast array of entertainment options, enabling people to access movies, music, games and other digital content conveniently.



HOTS QUESTION

Question: How would teenagers' daily lives be different if modern technology did not exist?

Answer: Without modern technology, teenagers would experience a less convenient lifestyle, relying heavily on traditional communication, physical resources and face-to-face interactions.

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HOW DO STUDENTS USE TECHNOLOGY IN THEIR LEARNING?





RESEARCH

- The internet gives students access to a wide range of information quickly.
- Students can research topics that they do not fully understand in class.



PRACTICE

- Students can find online exercises and past-year questions to test their knowledge.
- They can practise repeatedly and check their answers immediately.



NOTES

- Digital notes are easy to organise, edit and update.
- Students can access their notes from different devices whenever they need them.



VIDEOS

- Videos can explain difficult topics using animations, pictures and demonstrations.
- Students can pause or replay a video when they do not understand something.



APPLICATIONS

- Learning apps can provide quizzes, exercises and revision activities.
- Some apps give instant feedback, allowing students to identify their mistakes.



CLASSES

- Online classes allow students to learn from home using devices such as laptops or tablets.
- Students can communicate with teachers and classmates through video calls or online platforms.

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